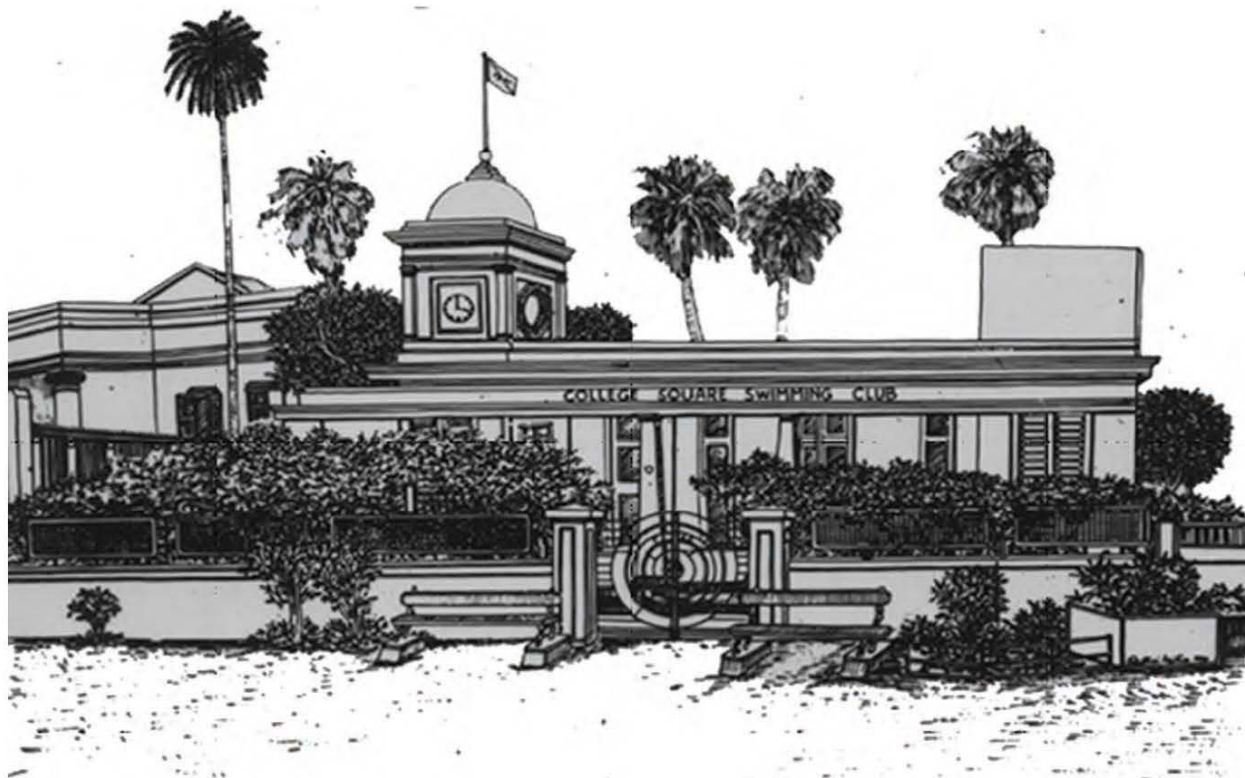




years of
COLLEGE SQUARE
SWIMMING CLUB



2017



COLLEGE SQUARE SWIMMING CLUB

College Square Swimming Club (CSSC), a pioneer in the field of aquatics, was established way back on 17th March 1917 by a group of seventeen enthusiastic people headed by Pramotho Nath Ghosh, the Founder Secretary. It is situated at the north-eastern corner of the present College Square tank, more popularly known as 'Goldighi', just opposite to the University of Calcutta. The first office of the Club was at 89, Bechu Chatterjee Street, Kolkata which was later shifted to the present venue. The present Club House was constructed in 1927 under the supervision and design of General P.A. Hathway, the then Chief City Architect of Calcutta Corporation.

Satish Ranjan Das, MLC and the then Advocate General, was the first President of the Club. Down the line, many famous personalities of Bengal honoured the chair of President of the Club like G.D. Birla, B.M. Birla, Anandi Lal Poddar, Kumar Bimal Chandra Sinha, Maharaja of Kandi & Paikpara, Justice Shyamal Kumar Sen and many more.

College Square Swimming Club has taken only eleven years to send its first Olympian to Amsterdam in 1928 – Dwarka Das Mulji, who is infact India's first swimmer selected for the Olympics. The talents of College Square Swimming Club have been able to find their berths in the Olympics in 1948 at London & 1952 at Helsinki like Durga Das, Kedar Shaw, Shambhu Saha & Bijay Barman. Another prominent member Ganesh Das captained the winning Indian water polo team in 1951 Asian Games. The Club had also sent its contender in the 1982 Asian Games apart from many other International figures throughout the century.

The Club always strives for the development and promotion of swimming as a discipline of sports in the society. In 1972-73 the old wooden Diving Board was replaced by new concrete High Board and Platform with the contribution from Bhuwalka Jankalyan Trust and the Birla House. With the funding from M. N. Dastur & Co the Mini Swimming Pool for the kids was started in 1982, when the 50 meters standard swimming course and the novice enclosure were already there in its catalogue. The Multi Gym was added later on in 2002.

Since 1917 till today, throughout the century, College Square Swimming Club has proved itself to be one of the best nurseries of aquatic talents.

The above sketch is done by famous artist Shri Rathin Mitra and was published in the Sunday Telegraph Magazine on 17th March 1991 when the Club was celebrating its Platinum Jubilee.

COLLEGE SQUARE SWIMMING CLUB



The Pavilion, Vidyasagar Udyan
53/4, College Street, Kolkata-700 073
Phone : 033-2241 7073, 6513-3071
Email : cssc.1917@gmail.com
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FOREWORD



With great pleasure, I extend my cordial welcome to all those who are associated with the Centenary Celebration of College Square Swimming Club in the year 2016-17.

College Square Swimming Club has travelled for years living in aquatic accomplishments, constantly developing and promoting the art of aquatic sports. The Club has always stood for the noble and social cause. We have been successful in involving many organisations during the period for extending their goodwill.

We are indebted to the successive generations of members who had helped in the growth of this organisation for century. Those of us who are fortunate to serve this Club at the present moment have inherited a rich tradition from our forerunners.

We are immensely happy that with all your cooperation and support it has been possible for us to honour all commitments and responsibilities in successful staging of the 100 years celebration of the Club. Thanks to the various people from all walks of life and of different age-groups who have put in their efforts for the celebration.

In releasing this Centenary Souvenir of College Square Swimming Club, I along with the members of my Club offer our predecessors respect and sincerest regards for their foresight, selfless perseverance and tireless effort for development of swimming activities

With the blessings of the Almighty, we look forward to the coming years with renewed energy to create a healthy environment in aquatic sports and welfare of the society at large.

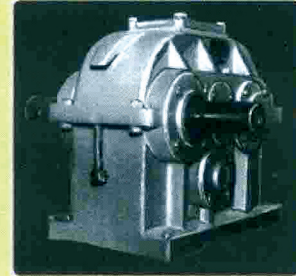
With my best wishes for a glorious eventful future.

Ashok Pareek
President

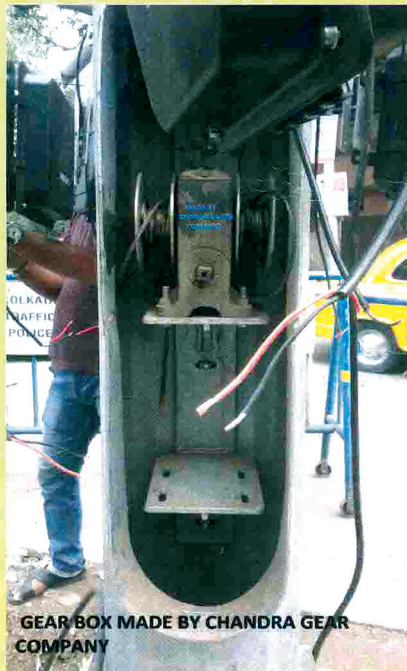


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PREFACE

College Square Swimming Club in commemoration of its 100th Anniversary celebrates its admirable history of progress and development of aquatic activities. The Club marks this Centennial milestone with a year-long celebration of aquatic events and other social activities to honour the history of this prestigious institution, its members and its swimming fraternity and well-wishers who have worked for the progress and development of the Club till date.

The Centenary Celebration commenced on 17th March 2016 and concluded on 17th March 2017. The celebration included Felicitation of Venerable Persons in the field of aquatics, Release of First Day Postal Cover, Exhibition on Aquatic Accomplishments, Centenary Walk, All India Invitation Aquatic Meet, All Bengal Swimming Competition, All Bengal Water Polo Tournament, Cross Ganga Swimming Meet, Blood Donation & Medical Camp, Cultural Function, Sit & Draw and many more.

The birth of our Club is an historical event and the Centenary makes all of us proud that we are part of this great institution well guided and developed by our predecessors. We are indeed honoured to share the same alma mater with the first Olympic swimmer of India. It is the story of one of the oldest Swimming Clubs in India having produced five Olympians, Gold medallist in Asian Games and hundreds of national level medal holders. College Square Swimming Club creates example in every step made on its forward journey. The past history is a vivid example for its prosperous future.

“Arriving at one goal is the starting point for getting to another”. The story of success throughout the century continues and will ever continue with the grace of the Divine and the contribution of the members. The Centennial Celebration provided the Club an opportunity to launch new initiatives to guide itself to the second century. This centenary souvenir is a recollection of all such happenings.

College Square Swimming Club is only 100 years young and is marching towards more and more glory with all your blessings. On behalf of the Club and the Organising Committee, we convey our heartiest gratitude and sincere thanks to all the Advertisers, Donors & Sponsors, Bengal Amateur Swimming Association, Calcutta District Swimming Association, Kolkata Municipal Corporation, Kolkata Police, Kolkata Port Trust, all Sister Clubs, Swimming Federation of India, The Refuge, Vidyasagar Udyan Welfare Committee and all our Well Wishers for extending every kind of support and cooperation. We wish the same kind of cooperation, good wishes and patronage of the members and well-wishers in the years to come.

Gautam Mullick & Bhaskar Ghosh

Joint Secretaries

Centenary Organising Committee

College Square Swimming Club

Souvenir for Centenary Year : 2016-17

December 2017

Cover designed by : **Arindam Mazumder**

Edited & Published by : **Gautam Mullick, Hony General Secretary,**
On behalf of College Square Swimming Club
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ANSHUMAN GAUR

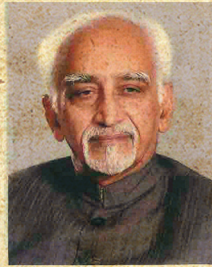


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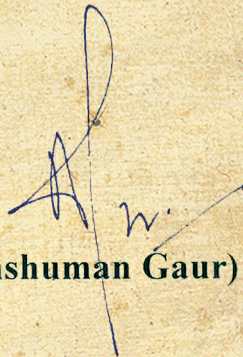
MESSAGE

The Hon'ble Vice President of India is happy to learn that College Square Swimming Club, Kolkata is celebrating its Centenary Year 2016-2017 and publishing a souvenir on this occasion.

The Vice President extends his greetings and congratulation to the organizers and the participants and wishes the event all success.



New Delhi
14th March, 2017.



(Anshuman Gaur)

Keshari Nath Tripathi
GOVERNOR OF WEST BENGAL



RAJ BHAVAN
KOLKATA 700 062



5th July, 2016

Message

I am glad to learn that College Square Swimming Club is celebrating its Centenary during 2016 – 17 and organising All India Aquatic Meet from 19th to 24th July, 2016.

I am sure that the Aquatic Meet as part of the 100 years celebration, will be a befitting event with all sporting spirit.

I convey my felicitations to all the members associated with the Club and wish the Aquatic Meet all success.

K. Nath Tripathi

Keshari Nath Tripathi

মমতা বানার্জী
মমতা বৈনর্জী
ممتا بنرجی
Mamata Banerjee



सत्यमेव जयते

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وزیراعلیٰ مغربی بنگال

CHIEF MINISTER, WEST BENGAL

20th March, 2017

MESSAGE

I am glad to learn that the **College Square Swimming Club**, Kolkata, is celebrating its Centenary and will be publishing a Souvenir to mark the landmark occasion.

I convey my heartiest greetings and best wishes to all.

(Mamata Banerjee)

The Hony. General Secretary
College Square Swimming Club
The Pavilion, Vidyasagar Udyan
53/4, College Street
Kolkata – 700 073

Nabanna, West Bengal Secretariat, Howrah-711 102

West Bengal, India

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Col Rajyavardhan Rathore (Retd.), AVSM



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MINISTER OF STATE (I/C)
YOUTH AFFAIRS & SPORTS AND
MINISTER OF STATE
INFORMATION & BROADCASTING
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26 OCT 2017

MESSAGE

I am glad to know that the College Square Swimming Club, Kolkata has successfully organized its Centenary celebrations in 2016-17 and that a Centenary Souvenir is being released to mark the occasion.

I congratulate the Club for putting its best efforts for the promotion and propagation of Swimming and other water sports and extend my best wishes for success of the Club in its endeavour.

(Col. Rajyavardhan Rathore)

Shyamal Kumar Sen

Formerly Governor, West Bengal, Chief Justice, Uttar Pradesh
Chairperson, West Bengal Human Rights Commission

50, Ramkanta Bose Street,
Kolkata - 700003

Phone : 2555 9333, 2530 7755
E-mail : senshyamalkumar66@gmail.com



Date : 15th Dec 2017

Message

I am immensely glad that College Square Swimming Club has celebrated its Centenary in 2016-2017. The Celebration was inaugurated on 17th March 2016 which included interilia felicitation of important aquatic personalities and other dignitaries. Throughout the year many events were held viz All Bengal Swimming, Cross Ganges Swimming Meet, Training of Physically Challenged children, Centenary Walk, Exhibition and many more. The Club had produced Olympians in the past and is also doing well in the recent years by training up good swimmers.

I am attached with the Club for a long time and as its President in the past have seen its growth. College Square Swimming Club since its inception in 1917 has always maintained its tradition and good culture till date.

I wish the Club and its members success and bright in days to come.

With best regards,

Shyamal Kumar Sen



SWIMMING FEDERATION OF INDIA

(Affiliated to FINA-AASF-IOA)

MESSAGE

President :

Digambar V. Kamat

Sanrit Appartment, Near Masjid,

Malbat, Margao, Goa-403601

Ph. : 0832-2730432 (O)

0832-2725555 (R)



Vice Presidents :

Ramanuj Mukhopadhyay

Balraj Sharma

T.D. Vijayraghavan

S. Rajiv

Rajkumar

College Square Swimming Club is celebrating 100years of his establishment and bringing out Centenary Souvenir on the occasion.

I congratulate the club for their contribution in promotion of swimming and have produced many National and Inter National player.

On this occasion I extend my compliments for their contribution and wish they will continued to contribute more and more in aquatic field.

Wish the organiser centenary celebration in grand success.

Associate Vice President :

R.N. Jayaprakash

Abhay Dadhe

Gopal Kandelwal

Bejrang Sharma

General Secretary

Kamlesh Nanavati

04th May, 2017

Kamlesh
Kamlesh Nanavati
General Secretary

Joint Secretary

Rambilas Pandey

Piyush Sharma

Ravin Kapoor

B.C. Singh

Associate Joint Secretary

Ranjan Chakraborty

M. Satishkumar

S.K. Tiwari

Anil Khatri

Treasurer

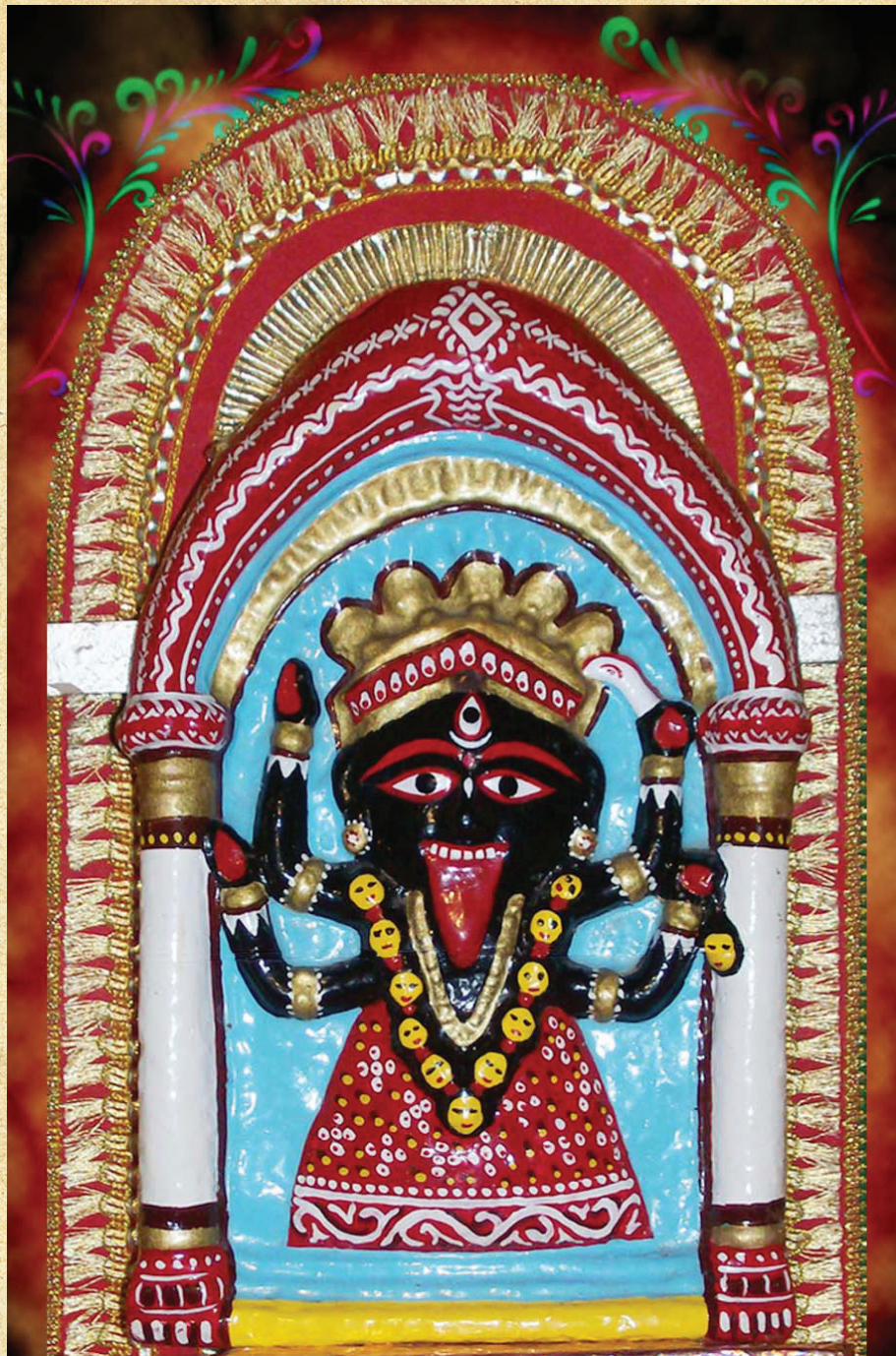
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100
1917 - 2017 YEARS
COLLEGE SQUARE
SWIMMING CLUB

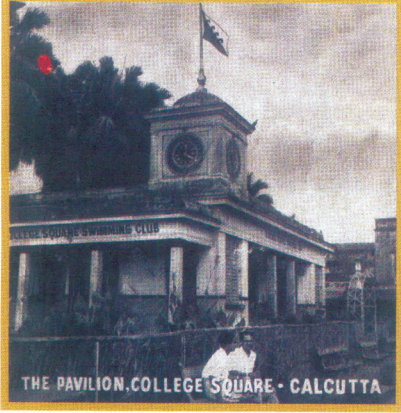
Mascot Name:	'Peko' [Scientific Name : <i>Lutra Perspicillata</i> (smooth coated otter)]
Description:	The Mascot is an Otter, also known as the 'Wetland Ambassadors', is a mammal invariably associated with water found in the Indian Sub-continent. The Otter, a born swimmer, depicted as the Centenary 'Lucky Charm' of College Square Swimming Club, looks friendly and cheerful here wearing a swimming costume of the colour of the Club, a red cap and water goggles, winking and spinning a water polo ball in his left hand. It definitely embodies the optimism of the spirit of aquatics. It is part of our State of Bengal. In India, otter fishing was practiced in the Indus and Ganges basins in Bengal and in Coromandel coast in South India.
Why (Selection):	Otter is a very good swimmer with excellent glides. With their shy and elusive habits, otters are extremely versatile, adapting to a variety of habitats and environments. Bengal is full of ponds and wetlands, which is the main home for Otter. Children love the figure since an old Bengali poetry depicts the otter in its verses as "...Ore Bhondor Fire Cha, Khokar Nachon Dekhe Jaa." Otters being wetland habitats are now a rare species as their lives are threatened due to extinct of wetlands and falling prey to poaching for their furs.
Creator:	Shri Arindam Mazumder



In one afternoon, sometime in the year 1937, one of our Senior Member and Trainer Late Motilal Das was imparting swimming training in the College Square tank. While giving training in the water he felt something hard on the floor below the water. Out of curiosity he took it out and found a clay terracotta deity of Goddess Kali. He took it inside the Club and everyone wondered how it came inside the water and was not damaged or discoloured. Many opinions were formed amongst the members regarding the destiny of the deity. Ultimately it was decided to place it inside the Club Pavilion and regular puja rituals were performed.

Traditionally, since then all the members and swimmers pray to the Goddess Kali as a holy culture before going into water and participating in any competition. Daily puja is performed for the Goddess by dedicated Priest. On every year Deepavali night the deity is placed with decoration in the central hall of the Club pavilion and Kali Puja ceremony is held in the presence of gathering of members. This custom is still followed today since the last eighty years.

शतवार्षिकी
CENTENARY



कॉलेज स्क्वायर स्विमिंग क्लब
College Square Swimming Club

बिशेष आवरण
SPECIAL COVER



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Shri B. K. Chandra

Shri M. K. Ray Chaudhuri

CENTENARY ORGANISING COMMITTEE

Chairman	:	Shri Ashok Pareek
Joint Secretaries	:	Shri Gautam Mullick Shri Bhaskar Ghosh
Treasurer	:	Shri Biswanath Mullick
Members	:	Shri Amares Sen Shri Arindam Mitra Shri Debabrata Mullick Shri Dilip Mullick Shri Kankan Nag Shri Patit Paban Sil Shri Santosh Kumar Das Shri Soumik Kumar Paul Shri Sujit Mullick Shri Yuvaraj Ray

CENTENARY SUB - COMMITTEES

RECEPTION & CULTURAL COMMITTEE:

Chairman	:	Shri Debasish Kumar, <i>MMIC (Parks & Gardens & Sports), KMC</i>
Vice-Chairman	:	Shri Dilip Mullick
Convenor	:	Shri Patit Paban Sil
Members	:	Probin Bhattacharya, Shyamal Mukherjee, Debasish Das, Ananda Bhattacharya, Krishna Roy, Kaushik Bose, Shib Prasad Sil, Rajesh Routh

FINANCE COMMITTEE:

Chairman	:	Shri M.K. Ray Chaudhuri, <i>Past President, CSSC</i>
Vice-Chairman	:	Shri Arun Khandelia
Convenor	:	Shri Biswanath Mullick
Members	:	Yuvaraj Ray, Souvik Nag

SPORTS & GAMES COMMITTEE:

- Chairman : Shri N.R. Jhawar, *Director, Ratanshree Nirman Pvt. Ltd.*
Vice-Chairman : Shri Biswarup Dey
Convenors : Shri Amares Sen & Debobrata Mullick
Members : Kankan Nag, Jnan Ranjan Das, Samir Saha, Biplab D. Banik, Bimal Dey, Siddhartha Chatterjee, Piyali Boral, Gargi Dutta, S. Bandyopadhyay, Subhodeep Roy, Amrita Das

PR PUBLICITY & MEDIA COMMITTEE:

- Chairman : Shri Tinkari Dutta, *Director, Siti Cable Network Ltd.*
Vice-Chairman : Shri Dipak Dutta
Convenor : Shri Santosh Kr Das
Members : Ashim Mullick, M. N. Das, Subhajit Paul, Arindam Mazumder, Nabyendu Mullick, Subham Chatterjee, Surojit Ghosh, Goutam Basu Mullick

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Vice-Chairman : Dr. Anupam Seth
Convenors : Shri Yuvaraj Ray & Shri Soumik Kr Paul
Members : Debasish Chowdhury, Balaram Mullick, Ranadeep Nandy, Jeebak Basu, Abhishek Das, Juni Das

GROUND & DECORATION COMMITTEE:

- Chairman : Shri C S Sarda, *Practicing Chartered Accountant*
Vice-Chairman : Shri Mahitosh Ray
Convenor : Shri Sujit Mullick
Members : Prosenjit Boral, Mrityunjoy Chandra, Sarbani Prosad Mallick, Sandip Auddy, Sudip Roy, Ajay Das, Mr. Sanjay Singh

FOOD TRANSPORT & ACCOMMODATION COMMITTEE:

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Vice-Chairman : Dr. Urmila Khanna
Convenors : Shri Kankan Nag & Shri Arindam Mitra
Members : Kishore Ch Dey, Prasenjit Boral, Tapan Basak, Rajyabardhan Gupta, , Sanjay Mullick, Om Prakash Gupta, Prabhat Gupta, Subhodip Roy(Jr), Debasish Dey, Subhasish Dey, Ajit Chowrasia,

MEDICAL BOARD:

- Chairman : Dr. Siddhartha Chakraborty, *Former Principal, National Medical College*
Vice-Chairman : Dr. Manas Sarkar
Convenor : Dr. Tapan Kr Mukherjee
Members : Dr. Hiralal Konar, Dr. Partha Paul, Dr. Saikat Saha

EXECUTIVE COMMITTEE FOR 2016-17 TO 2018-19

President	:	Sri Ashok Pareek
Vice Presidents	:	Sri Amares Sen Sri Arun Kr. Khandelia Sri Biswarup Dey Sri Bhaskar Ghosh Sri Dilip Mullick Sri Dipak Dutta Sri Patit Paban Sil Dr.T. K. Mukherjee Dr. (Ms) Urmila Khanna
Hony. General Secretary	:	Sri Gautam Mullick
Hony. Asst. Secretary	:	Sri Santosh Kumar Das
Hony. Finance Secretary	:	Sri Sujit Mullick
Hony. Treasurer	:	Sri Yuvaraj Ray
Hony. Ground Secretary	:	Sri Prosenjit Boral
Hony. Sports Secretary	:	Sri Debobrata Mullick
Hony Game Secretary	:	Sri Kankan Nag
Committee Members	:	Sri Bimal Dey Sri Debashish Chowdhury Sri Kishore Chand Dey Sri Madhabendra Nath Das Sri Mahitosh Ray Sri Mrityunjoy Chandra Sri Soumik Kumar Paul Sri Souvik Nag Sri Arindam Mitra (Co-opted) Sri Sanjay Mullick (Co-opted)
Hony. Medical Officer	:	Dr. Hiralal Konar

College Square Swimming Club

CENTENARY: 1917-2017

Calendar of Programmes for CSSC Centenary Celebration 2016-17

17th Mar 2016 19th Mar 2016 20th Mar 2016	Phase I	Opening Ceremony, Release of Special Cover, Felicitation, Exhibition, Duraflex Diving Board Inauguration Centenary Walk
14th April 2016	Phase I	Introduction of Training for Physically Challenged Children
1st May 2016	Phase II	Blood Donation & Health Check-up Camp
10th – 11th June 2016	Phase II	All Bengal Centenary Swimming Meet
19th – 24th July 2016	Phase III	All India Invitation Centenary Aquatic Meet
2nd – 7th August 2016 13th – 15th August 2016 27th – 28th August 2016	Phase III	34th All Bengal Promotho Nath – Nanigopal Memorial (Senior) Water Polo Tournament 93rd Annual Aquatic Meet (Intra Club) 35th Mini Pool Meet
4th Sept 2016	Phase III	Get-together for Swimmers, Water polo Players & Divers
2nd October 2016 29th October 2016	Phase IV	Masters Swimming & Water Polo Meet (Inner Pool) 80th Shree Shree Kali Puja
4th Dec. 2016	Phase IV	Cross Ganga Swimming Meet (Howrah Golabari Ghat to Ahiritola Ghat Kolkata)
8th Jan 2017 15th Jan 2017 21st Jan 2017	Phase V	Annual Garden Party Sit & Draw Competition Centenary Cultural Programme
17th March 2017	Phase V	Acknowledgment of Members & 100 Years Closing Ceremony

The Carnival

CENTENARY CELEBRATION REPORT 2016-17

A reputed aquatic Club whose age is 100 years will have so many success stories to share related to its developmental activities but in this report, we wish to narrate the phase wise aquatic sports and cultural events that we organized to celebrate the Centenary.

PHASE - I

The Centenary Year Celebration was inaugurated on 17th March 2016, the 100th Foundation Day of College Square Swimming Club. In the morning at 9.30 am, our Club President Shri Ashok Pareekhoisted the Club Flag in front the club pavilion witnessed by a large gathering. Chanting of Hymns inside the Club Pavilion and performing puja of Lord Vishnu presented a holy environment to the auspicious occasion.

During this inaugural phase, an exhibition displaying Old Photos & News Paper Clippings of the Club since its inception and development of Aquatic Sports in the State throughout the century was held inside the Mini Swimming Pool for next consecutive four days starting from 10 AM.

The formal ceremonial inauguration was done in the evening at the auditorium of Calcutta University Institute by Justice Shyamal Kumar Sen, Patron-in-Chief of the Club and former Governor of West Bengal and former Chief Justice of High Courts at Calcutta & Allahabad. Justice Sen, also the past President of College Square Swimming Club presided over the function in which the First Day Postal Cover commemorating the 100 Years of the Club was released by Shri Surender Kumar, Director – GPO, Department of Post, Government of India. We take pride in mentioning that the Centenary Theme Song CD of our Club sung by Shri Anindya Chatterjee, written by Shri Sibnath Bandyopadhyay and put to music by Kaji Arindam, was also released by Justice Shyamal Sen in presence of Guests of Honour on the dais Shri Haraprasad Chatterjee, Member, WB State Law Commission, Shri Ramanuj Mukhopadhyay, President, Bengal Amateur Swimming Association, Shri Satchidananda Banerjee, President, Calcutta District Swimming Association, Shri Gora Chand Seal, Olympian and our Club President Shri Ashok Pareek.

Memorable occasion deserves memorable gifts. During this occasion, forty-one venerable persons in the field of aquatics from Bengal were felicitated with Engraved Memento, Centenary Wrist Watch & Uttoriyo. This included the only living Olympic water polo player Shri Gora Chand Seal, who represented India at 1948 London Olympic, the queen of swimming Smt Bula Chowdhury, the Asian Games medal holders & participants from Bengal and International Swimmers and Players of our Club. The Past Presidents & Secretaries of our Club, CDSA & BASA were also felicitated at the same platform.

On 19th March 2016, the newly installed Duraflex Spring Diving Board at the 3-meter level was inaugurated by Smt Chandana Sarkar, Eminent Diver, who participated in the Asian Games held at Delhi in 1982.

On the morning of 20th March 2016, the grand Centenary Walk was held, participated by most of the Club members, Olympian, Asian Games Medal Holders, and Children with their parents, all Officials and well-wishers carrying the sacred fire from Thanthania Kali Temple. The one thousand plus gatherings with decorated tabloids of the Club in a disciplined manner completed the walk starting from College Square enroute Surya Sen Street, College Street, Vivekananda Road through Amherst Street & Surya Sen Street and back to the Club, which was well supported by the Kolkata Police.

On the day of Bengali New Year, 14th April 2016, a new initiative was undertaken by the Club in cause for the Society by starting a Batch for the Physically Challenged Children in our Mini Swimming Pool. Seven such differently-abled children got admitted in the batch.

PHASE - II

It has been evident from the past that College Square Swimming Club has always been in support of the society

and contributed for its well-being. On 1st May 2016 a Free Medical Check-up for the localities was organized along with a Blood Donation Camp, when there was scarcity of blood in the hospitals. Many Members and local people were benefitted out of this health camp specially the Eye-Check booth was crowded till the last minute.

The season sets in and the Second Phase saw entry into the swimming activities. The All Bengal Swimming Meet was held on 10th & 11th June 2016 where 446 swimmers of repute from 30 different clubs of the State participated. Overall Championship Trophies for both the Boys and Girls sections were awarded. Rishra Swimming Club won the overall championship for Boys' section and our own Girls won the overall trophy for Girls' section. Justice Shyamal Kumar Sen, Patron-in-Chief & Former Governor of West Bengal, Shri Sudip Bandyopadhyay, Hon'ble Member of Parliament, Shri Tinkari Dutta, Director, Siti Cable Network Ltd, Shri Subhankar Sinha Roy, Deputy Commissioner of Police (Kolkata North), Satchidananda Banerjee, President, CDSA and Smt Swapna Das, Councilor Ward No:40 were present as Guests of Honour over these two days.

PHASE – III

The third phase saw the advent of much awaited All India Invitation Centenary Aquatic Meet followed by 34th All Bengal Promotho Nath – Nanigopal Memorial Water Polo Tournament and our intra club swimming and diving competition.

The Mega Event of the 100 Years Celebration – All India Invitation Centenary Aquatic Meet was held from 19th to 24th July 2017. The most coveted meet covered all the three discipline of aquatics Swimming, Water Polo & Diving. Six strong teams took part in the full league-cum-knockout schedule. Indian Navy emerged as the champions in water polo defeating South-Eastern Railways in a sensational grand finale. Although Water polo tournament is perceived to be the most admired aquatic sport, yet the Diving competition was the show-stopper. Indian Army won the Men's section and Western Railways took away the Women's section diving prizes. In Swimming events, Indian Navy and Hooghly District swimmers stole away the show. Cash Awards were given to all the prize holders in swimming and diving events. Water polo Teams were also awarded with cash prize for each match. The Centenary Champion Trophy for water polo was donated by M/S. B. Dasgupta & Co, renowned sports goods dealer. The Champion Trophies for Diving was awarded in the memory of Late Ashu Dutta & Late Aditya Dutta, both eminent divers of India.

The All India Centenary Aquatic Meet was inaugurated by Shri Biman Banerjee, Hon'ble Speaker, Legislative Assembly of West Bengal, Chief Guest of the inaugural day in presence of Smt Smita Bakshi, MLA, Shri Tapas Roy, MLA, Shri Gora Chand Seal, Olympian (1948) and Club President Shri Ashok Pareek. Shri Sadhan Pandey, Hon'ble Minister-in-Charge, Department of Consumer Welfare, Government of West Bengal, Shri Sudip Bandyopadhyay, Hon'ble Member of Parliament, Smt Aparajita Dasgupta, Chairperson Borough-V, Kolkata Municipal Corporation also graced the Meet on different days as Guests of Honour. Shri Prabir Sen, Chairman & Managing Director of B.C. Sen & Co Ltd and Shri N.R. Jhavar, Chairman, Sports & Games Committee of the Club gave away the final day trophies & prizes to the winners.

The 34th All Bengal Promotho Nath – Nanigopal Memorial Water polo Tournament was held in the first week of August 2016. Twelve best club teams of the State participated in this and The Central Swimming Club emerged as the Champion defeating the host team (College Square Swimming Club) in an exciting final play-off followed by the penalty shoot-outs.

Our regular annual intra-club swimming competition, the 93rd Annual Aquatic Meet, was held during this third phase from 13th to 15th August 2016 under illumination in a befitting manner. The 35th Mini Pool Swimming for the kids was held on 27th & 28th of the same month. The third phase closed with the get-together for all the advanced level swimmers, water polo players and divers on 4th September 2016.

PHASE - IV

The Masters' Swimming & Water polo Meet was organized on 2nd October in the Mini Pool which was participated by the senior members of morning and evening batches. Fancy events and a one-day water polo amongst the members were organized followed by prize distribution.

The 80th Shree Shree Kali Puja was performed on 29th October 2016 inside the Club pavilion following all rituals as usual.

The Hooghly River, a distributary of the Holy Ganges, is an inborn part of the life of every resident of Kolkata. We wished to do something different on that water-body and on Sunday, 4th December 2016, the most uncommon aquatic meet was held as a special case for the Centenary Celebration. A Cross Ganga Swimming Meet was held starting from Howrah's Golabari Ghat and finishing at Kolkata's Ahiritola Ghat. 36 Boys and Girls participated in this cross-river swimming of approximate distance of 1.5 kms. Shri Debaish Kumar, Member MMIC (Parks & Squares & Sports), Kolkata Municipal Corporation and Shri Partha Banerjee, Officer-in-Charge, North Port P.S. were present as special guests during the meet. The Prize Distribution ceremony was organized in an attractive manner in a moving Vessel of West Bengal Surface Transport on the river which went up to Belur and came back again to Ahiritola.

PHASE - V

The year 2017 started with the Annual Garden Party at the farm house of 'Mukhorochok Chanachur' held on the second Sunday of January. The swimmers, water polo players, guardians, senior members and club officials enjoyed the picnic to the fullest in the beautifully maintained gardens, lawns and pools.

The last phase of the centenary programmes had something especially for the children. Sit & Draw competition was held for the children aged between 3 years and 16 years on 15th January 2017 at the Mini Pool of the Club.

On 21st January 2017, the Centenary Cultural Programme was organized at the Centenary Hall of University of Calcutta. The main attraction of the evening was the famous dance drama "Goopi – Baghaar Kando" performed by Calcutta Choir lead by Shri Kalyan Sen Barat. Prior to this Miss Adrija & Master Adrij from Zee Bangla Sa-re-ga-ma performed on the stage with popular melodies. Prizes of the Sit & Draw competition were distributed to the winners of different groups by the hands of Justice Shyamal Kumar Sen, Patron-in-Chief and Shri Ashok Pareek, President of the Club.

All well that ends well. Any celebration which has started needs to be closed properly. On 17th March 2017 College Square Swimming Club completed its 100 years and to mark the Closing Ceremony a closing walk around the college square tank was held participated by children members, swimmers, guardians, senior members, officials and well-wishers followed by flag down at sunset and fixing of 100 years plaque declaring the closing. A display of photographs of the Centenary Celebration and News Clippings published in different dailies throughout the year 2016-17 was made inside the Club pavilion. A large cake was cut for 100 years completion of the Club in presence of Justice Shyamal Kr Sen and Shri Santi Ranjan Dey, General Secretary, Bengal Amateur Swimming Association, joined by the members and the children present.

With your Blessings, the story of College Square Swimming Club will continue and keep on producing talented swimmers, water polo players and divers who will make our nation pride in the centuries to come.

Yuvaraj Ray & Soumik Kr Paul

Joint Convenors – Centenary Souvenir & Prize Committee

Past Presidents



Late Satish Ranjan Das 1917-1920

The Founder President of the Club S. R. Das was the Advocate-General of Bengal and later the Law Member of the Executive Council of the Viceroy during the British Rule in India. He was cousin to Deshbandhu Chittaranjan Das and Sudhi Ranjan Das (Former Chief Justice of India). He was the main person behind the conceptualisation & formation of the Doon School.



Late Anandi Lal Poddar 1946-1955

Anandi Lal Poddar was the Mayor of Calcutta Municipal Corporation in 1944 and is the only Marwari to be in this post. He did great work to improve the conservancy system of the city. He was a well-known business leader during the British rule in India. He was also the Member of State Assembly till he expired in 1961.



Late Ghanshyam Das Birla 1921-1932

The Second President of the Club G.D. Birla was considered as the doyen of Indian Industries and the founder of Birla Empire. He was a close associate of Mahatma Gandhi & advisor to him on national economic policies. He was the founder of FICCI. This great business icon of India was established Hindusthan Motors. It was during his tenure the present Club Building was constructed.



Late Kumar Bimal Chandra Sinha 1956-1957

He was the 25th Zamindar of Kandi & Paikpara, ruler from Murshidabad Raj family. He served as Minister for Abolition of Zamindari and Public Works Department, in the first government of West Bengal after Independence. His son Atish Sinha, was also a former Minister and Leader of opposition in the West Bengal State Assembly.



Late Braj Mohan Birla 1933-1937

G.D. Birla passed on the baton to his younger brother B.M. Birla as the President of the Club. He was a respected Industrialist of his time and inspired by his brother extended the business of the Birla family. At the same time, he was also the President of Indian Chamber of Commerce and also became the President of FICCI later on.



Late Dharam Chand Sarawgi 1958-1968

Dharam Chand Sarawgi was a renowned businessman of his time. He held the post of President of College Square Swimming Club for a pretty long time. He was the Past President of Merchants' Chamber of Commerce & Industry in 1951. After relinquishing the post of President, he remained as the Patron of the Club till his death.



Late Mohan Lal Jalan 1938-1945

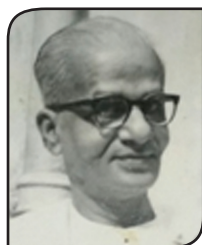
Mohan Lal Jalan was a noted industrialist, benevolent social worker and an enthusiastic promoter of Women's Education in India. He founded the Seth Soorajmull Jalan Girls' College in 1954 in the name of his father. A Government College in name of M L Jalan is now running at Ratangarh, Rajasthan. Before becoming the President of the Club, he was a Committee Member for long time.



Late Dwijendra Nath Singha 1969-1970

Dwijendra Nath Singha was a profound Social Worker and has done great work for the economically backward people of the Kolkata in sixties and seventies mainly related to the health sector. He was also a reputed businessman during his time.

Past Presidents



Late Jarat Kumar Mullick
1971

He was the third General Secretary of College Square Swimming Club from 1951 to 1954 when the aquatic activities of the Club were at its highest level with participation in the Olympics and winning medals in the Asian Games. Jarat Kumar Mullick served the Club holding many portfolios from time to time for many years with dedication and discipline.



Shri Pabitra Kumar Mukherjee
1992-1995

He was the Editor of Ananda Bazar Patrika and has served ABP Ltd for many years till his retirement. He was a man of principle and very soft-spoken person. During his president-ship he was transferred and posted in New Delhi. He helped the Club on many occasion even before he became the President of the Club.



Late Arun Kumar Roy
1972-1975

Arun Kumar Roy was a renowned Advocate of the High Court at Calcutta. In spite of his busy schedule he continued dedicatedly as the President of the Club with dedication. It was during his tenure the Diving Board and the 50 mts Swimming Course were constructed.



Shri Justice Shaymal Kr Sen
1995-2001

Justice Shyamal Kumar Sen was the Former Governor of West Bengal and during his tenure he continued as the President of the Club. He was the Chief Justice of High Court of Calcutta for many years and also held the position of Chief Justice of Allahabad High Court. Apart from these he chaired many important committees formed by the Governments from time to time including the Human Rights Commission. Presently Justice Sen is the Patron-in-Chief of the Club.



Late Bhawani Prosad Mallick
1976-1978

Bhawani Prosad Mallick was an Advocate of High Court at Calcutta. Though he served the Club as President for a short span of time he was prudent in solving many disputes arising in the working of the Club.



Shri Manab Kr Ray Chaudhuri
2001-2010

A Chartered Accountant by profession, he held the position of Executive Director (Finance) at WEBEL and worked with Nicco Uco Alliance Credit Ltd., Kolkata as its Managing Director. Previously, he served Balmer Lawrie & Co Ltd for over twenty-five years in very senior positions like CFO & Director. He did his CS from the Institute of Chartered Secretaries and Administrators, London in 1975.



Shri Ranen Mitra
1979-1992

He was the longest serving President of College Square Swimming Club. An Advocate of Calcutta High Court, Shri Mitra used to visit the Club each and every day and used to take part in day to day activities. The Vidyasagar Udyan (College Square) Welfare Committee, a forum for all the Clubs within College Square, was formed under his Chairmanship in 1979.

Past Secretaries of College Square Swimming Club



Late Promotho Nath Ghosh, Founder Secretary of College Square Swimming Club. He is the longest serving General Secretary of the Club till date and held office upto the year 1945 since inception. He was a man of great vision and was the key person in shaping up the Club in terms of its activities and infrastructure. With his untiring efforts and unconditional support of Late Nani Gopal Ghosh, the Founder Sports Secretary and many others, he crossed many hurdles and was able to develop the aquatic activities and in receiving patronisation from many great personalities of the Society for the Club during the British rule.

SECRETARIES	PERIOD
Late Promotho Nath Ghosh	1917 - 45
Late Kali Krishna Rohatgi	1946 - 50
Late Jarat Kumar Mullick	1951 - 54
Late Mahendra Chowdhury	1955
Late Lokendra Krishna Deb	1956 (Six months)
Late Sourendra Nath Banerjee	1956 (Six months)
Late S.P. Himmatsinka	1957
Late Sourendra Nath Banerjee	1958
Late Amar Som	1959 - 66
Late Ramen Daw	1967 - 71
Late Nilkantha Nandy	1972 - 76
Late Dilip Kumar Basu	1977 - 78
Late Nilkantha Nandy	1979
Sri Dilip Mullick	1980 - 82
Late Dilip Kumar Basu	1982 - 2004

Homage



LATE BISWANATH MULLICK

We the members of College Square Swimming Club deeply mourn the sad and sorrowful demise of Shri Biswanath Mullick on 8th May 2017. He was the existing Treasurer of the Club, a portfolio which he held since the year 1998. He used to maintain the books of accounts voluntarily even before he became a member of the Executive Committee and helped the Club in every financial matter. More prominently known as 'Mullickbabu', he was a man of principle and dedicated to his work. His expertise in accounting work has been a boon for us in managing the Club affairs effectively with financial prudence for years.

We pay homage to Late Biswanath Mullick, who left us for the heavenly abode leaving huge responsibility on our shoulders. May his soul rest in eternal peace.



LATE BHUPENDRA KUMAR DEY

We the members of College Square Swimming Club deeply mourn the sad and sorrowful demise of Shri Bhupendra Kumar Dey on 20th July 2017. He was Life Member of the Club for a long time and also held the position of one of the Vice-Presidents of the Club from 1972 to 1981. He was a prominent social worker in Central Kolkata and a lawyer by profession. He was an ardent sports lover and held many important positions in the Indian Football Association and Cricket Association of Bengal. He was the Councilor of Ward No: 48 of Kolkata Municipal Corporation for two terms as the only independent candidate. His son Shri Biswarup Dey is presently one of the Vice-Presidents of the Club.

We pay homage to Late Bhupendra Kumar Dey, who left us for the heavenly abode leaving upon many good deeds for us to follow. May his soul rest in eternal peace.



With Best Compliments from :



Mr. Shankar Bhowal

and

Mrs. Jayoti Bhowal (sen)

“With Best Wishes”



OUR OLYMPIANS

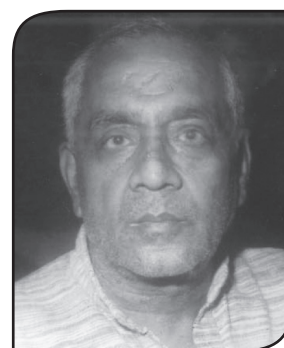


Late Dwarka Das Muljee

1928 – Amsterdam Olympic – 1st Indian to be selected for Olympic Swimming



Late Durga Das
1948 – London Olympic
(Water Polo)



Late Kedar Shaw
1952 – Helsinki Olympic
(Water Polo)



Late Shambhu Saha
1952 – Helsinki Olympic
(Water Polo)



Late Bijay Kr Barman
1952 – Helsinki Olympic
(Water Polo & Swimming)

OUR ASIADS



Late Ganesh Das
1951 – Delhi Asian Games
(Water Polo – Captain)



Supriya Sardar
1982 – New Delhi Asian Games
(Swimming)

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OUR OTHER INTERNATIONALS

AGE GROUP ASIAN GAMES – 1985 at Bombay

Prodip Ghosh (Swimming)

CULTURAL MEET –1962 at Russia

Raichand Dey (Water Polo)
Dilip Deb (Water Polo)
Salil Mukherjee (Water Polo)

INDO-CEYLON MEET - 1966 & 1967 at Colombo

Raichand Dey (Water Polo)
Dilip Deb (Water Polo)
Amares Sen (Water Polo)

ASIAN AGE GROUP AQUATIC CHAMPIONSHIP – 2009 at Tokyo

Sharmistha Raha (Water Polo – Girls)

SOUTH ASIAN GAMES – 2016 at Colombo

Shreyanti Pan (Swimming)

ENGLISH CHANNEL SWIMMER

Amrita Das (Crossed English Channel in 2010)



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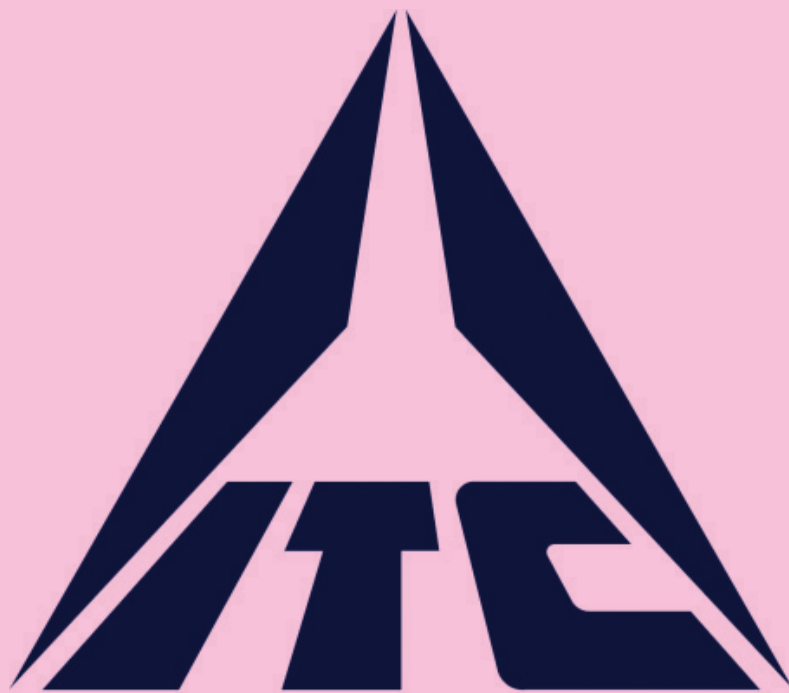
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A Journey through the Century

Ours is a maritime state full of ponds, lakes, rivers and water bodies. Our country has an extensive shoreline of over 7000 kilometers and is home to a widespread network of inland watercourses comprising of rivers, canals, creeks and backwaters. West Bengal has the highest numbers of ponds and water tanks amongst all the states in India. Swimming thus comes naturally to the inhabitants of this state.

It is indeed very difficult to state with facts that when exactly swimming started in India or in our state, Bengal. People may have been unknowingly engaged in swimming activities for many years but scientific swimming was introduced only a century back. Calcutta Swimming Club is in fact the oldest swimming club in India established in the year 1887 in the name and style of 'Calcutta Swimming Bath', under the president-ship of the then Lieutenant Governor of Bengal. However, for years since its inception the memberships were restricted only to the Europeans. Indians were not allowed membership in that Club until in 1964 when the Maharaja of Coochbehar was inducted as the first Indian member.

Though Calcutta Swimming Bath was formed in the year 1887 swimming was not learned as a sport or life-saving activity in the City of Joy. Since entry in the Bath was restricted only to the Europeans, the general citizens of Calcutta did not have had the opportunity to learn swimming until the next two decades.

Before the year 1913, swimming was never cultured in this city and there was no Swimming Clubs in Calcutta excepting the Calcutta Swimming Club. There were some unorganized groups beside the River Ganges who used un-scientific swimming merely as bathing activities.

A sorrowful disaster took place in the River Hooghly, in front of Shibpur Engineering College on 19th November 1912, when a boat full of youngsters of YMCA on their way to botanical garden for picnic toppled and several lives were lost. Soon after this a committee was formed under the leadership of Rai Bahadur Dr. Haridhan Dutt, to devise means to prevent such accident by providing facilities to our young men to learn the art of swimming.

In the year 1913, Rai Bahadur Dr. Haridhan Dutt along with Tulsi Charan Roy, Jitendra Nath Das Gupta and few others formed the Calcutta Swimming and Sports Association (CSSA) with the object of awakening a wide-spread swimming consciousness amongst our young men and providing facilities to develop and culture swimming. The formation of this very first swimming association was patronized by Sir Rajendra Nath Mookherjee, Mr. Grey, Sir Nilratan Sarkar, Radha Charan Pal, Hrishikesh Laha, W. Wilson, J. M Madan, Kailash Bose, etc. Sir S. L. Maddox, the then Chairman of Calcutta Corporation, was its first President and Dr. Haridhan Dutt was its Secretary.

In order to achieve this end, they decided to hold Annual Championship Meeting in the very year 1913 at College Square Tank. This is the first organized swimming competition where teams from Calcutta Swimming Club, Howrah Union, Sporting Union and few British swimmers participated. Nibaran Dey, Sailendranath Basu, Upendranath Mukhopadhyay were some of the renowned Bengali swimmers of that time who participated in the meet. The competition was witnessed by quite a large spectator. It is not gain-saying the fact that the present development of swimming is mainly due to this Association. In fact all the premier Swimming Clubs of today are the products of this Association and they owe a deep debt of gratitude to this association for providing Championship Meeting and training and the great help they received in the growth and development of their clubs.

We the swimming lovers should always sincerely convey our heartiest thanks to Rai Bahadur Dr. Haridhan Dutt, and his worthy lieutenants T. C. Roy, J. N. Das Gupta and other organizers of the Calcutta Swimming & Sports Association, for the great efforts they gave in for the development of Swimming. The Calcutta Swimming & Sports Association (CSSA) tent used to stand in the northern side of present College Square tank where today the tent of Calcutta University Institute and the Laughing Club & Children's Park stands.

College Square Tank in the colloquial Bengali tongue is called "Goldighi". It is exactly not known why it is called such. Whether due to the growth of "Gol" Leaves in the tank in the earlier days or it was really round in shape, as

some sources suggest. Major John A Schalch in his map published in 1825 shown the position of Goldighi beside the then Cornwallis Street, now College Street.

College Square, now a heritage zone, has great historical importance for its strategic location and its surrounding neighbourhood like the 200 years old Presidency College and Hindu School, University of Calcutta, Calcutta Medical College & Hospital, Hare School, Sanskrit College, Umesh Chandra College, Mahabodhi Society and many other Institutions. If you ask any Rickshaw-puller in Central Kolkata to take you to "Madhav Babu Ki Talao", you would definitely land up at College Square. This is another local name of the tank. The square has been named 'Vidyasagar Udyan' in the year 1979 in memory of venerable scholar and social reformer Ishwar Chandra Vidyasagar.

In the year 1914 Mirzapur Square, now known as Shradhananda Park, was given on lease to Calcutta Swimming & Sports Association to construct an upto-date swimming pool by Calcutta Corporation. Plans were prepared by the famous Martin Burn Company with an estimate of Rs.80,000/- and appeal for funds were initiated which promised favourable patronage, but the World War I in 1914 caused disturbances in Europe which had a direct effect on India and things were left in abeyance in the matter of construction of the pool. The plan was with J.N. Dasgupta, of CSSA, who was himself an Engineer.

It is an acknowledged fact that of all exercises swimming is the very best form of exercise and which may be indulged in throughout life both by the young and old people. Moreover it is a life-saving sport and should be learnt by everyone.

Inspired by the thought and in order to provide facilities to learn the art of swimming, a band of 17 interested members founded the College Square Swimming Club on 17th March 1917 at the College Square tank under the leadership of Promotho Nath Ghosh, the Founder Secretary. Satish Ranjan Das, MLC, was the first President and Nani Gopal Ghosh was the first Sports Secretary. There was no permanent building or structure as we see today. Only a tent was in place for the members.

Our regular activities commenced from the year 1918 when we engaged paid Instructors to train novices in the art of swimming. We also secured the services of the veteran water-polo player and trainer Shyam Chand Dutt. With his help we were able to put up two teams "A" and "B" in the "Senior" and "Junior" Division League Championship and also in the Shield Tournament held during this year under the auspices of the Calcutta Swimming and Sports Association.

Our first achievement in the very first year of our existence is to win the Senior Division League Championship and to become runners-up in the Shield Tournament. Our success is mainly due to the able coaching of S. C. Dutt and the determination of our players to master the game in a scientific way which was proved by their splendid fight against the then very strongest teams of Ahiritola Swimming Club, Bagbazar S. C., The Central Swimming Club, Y. M. C. A. – Bombay, etc in the very first adventure.

At the close of the year 1918, we hold our first Annual Social Get-Together at the Garden-House of Babu Banshidhar Khettry at Mali-Panchghara.

The outstanding feature of the year 1919 was the introduction of our first Annual Inter-Club Sports which was held with great success at the Garden-House of Late Babu Butto Kristo Pal.

For the first time in 1920 we also sent some competitors to take part in the Swimming Championship held by the C. S. & S. A. on and they were successful in carrying away some of the prizes. Our Annual Inter-Club Sports were held with great success in this year where Babu Keshoram Poddar presided over the sports championship and gave away the Trophies and prizes to the successful competitors. At the close of the season our Annual Garden Party was held with great grandeur where total attendees numbered about 600. Dinners in all styles were also provided.

The year 1921 was one of great progress. We were fortunate in enlisting the sympathy of Shri Ghamshyam Das Birla, who very kindly accepted the Presidentship of this Club. We were also fortunate in enlisting the sympathy and patronages of S. R. Das and of Seth Tribhuvandas Heerachand. In this year we started a Training Class to give

lessons in Life – Saving and First aid to the drowned.

A year later in 1922, our M.M. Dey (Jr) won all the three races in One-Mile, Half-Mile & Quarter-Mile events defeating some renowned swimmers of Bengal in the Swimming Championship for the year held by Calcutta Swimming & Sports Association held at College Square. He was declared the Best Competitor in the meet and His Excellency Lord Lytton, the then Governor of Bengal awarded him the Challenge Trophy and warmly commended him on his success.



H. E. The Governor of Bengal presenting the Trophies to M. M. Dey, (Jr.) Winner of One Mile, Half Mile, Quarter Mile Championship Race, and the Prize for Best Competitor, 1922.

In this year at the Swimming Championship organized by the Indian Olympic Association (Bengal Branch), people saw the emergence of Dwarka Das Muljee, who was awarded the “Bestman’s Prize” for his feat in 450 yards & 90 yards swimming events defeating many seniors in the fields. Since then there was no looking back for D.D. Muljee. He won almost in all the championship meets in his events in the next couple of years and along with M.M. Dey (Jr) brought the glory of swimming performance for College Square Swimming Club. In the first Cross Ganges Swimming Race from Khardah to Rishra, organized by Rishra Rowing Club, D.D. Muljee won the Trophy with great credit and M.M. Dey stood third.

In our 7th Annual Aquatic Inter-Club Sports held in 1925, public at large took keen interest in swimming competition and for which seating accommodation had to be increased by erecting galleries apart from chairs around the square with huge shamianas and awnings. Around 7000 people gathered to watch our sports including 3000 ladies who sat on the southern side of the square where special covered arrangements were made for them. This year’s Sports is also important as for the first time Girls Events were introduced where 12 girls participated and was much appreciated by the sporting enthusiasts. Sir Rajendra Nath Mookherjee presided over the meet as Chief Guest.



Dwarka Das Muljee with the Trophies & Shields he won

The first Olympic Swimming Selection Test was held on 3rd & 5th February 1927 by the Indian Olympic Association at Calcutta in College Square with the object of selecting a swimming team to represent the Indian Empire at the Ninth World Olympic at Amsterdam in 1928. All provinces of India joined the contest and D.D. Muljee was selected at ease for the said Olympic, thus becoming the first one from India to be so. It was a matter of deep regret that he could not swim in the events at Amsterdam due to a bad injury to his right knee joint. While exercising on the deck of the ship he got little hurt on the knee and on reaching Marsellies in France by ship his pain got severe and on way to Amsterdam he was hospitalized and later on he was transferred to London for better treatment.

However, he attended the Olympiad at Amsterdam with his bad knee but it was really a misfortune for him and us that he could not compete. The second Olympic Swimming Selection Meet was also held at College Square in 1931 in which Nalin Chandra Mallik of The Central Swimming Club was selected for Los Angeles Olympic held in 1932 as the only Indian Swimmer.

It may be interesting to note that since its inception College Square Swimming Club has been holding Annual Garden Party for the members with great élat in a cosmopolitan gathering. It was participated by Bengalis, Marwaris, Mahomedans, South Indians, Parsees and Europeans where different Kitchens used to be set up for different communities according to their food habits. In 1923 the number of members and guests touched 1500 at the garden house of Babu Butto Krsto Pal. In 1924, as per records, with the idea of fostering more brotherly feelings amongst the members of the Club it was decided to have only one kitchen for all and fish and meat was discarded from the menu of the Garden Party. This was not taken in spirit by one of the communities and decided to drop out. However, most of the members joined and took dinner seating side by side. As a consequence of this, in the next year, the Club lost some of its Mahomedan members.

Since the inception of College Square Swimming Club in 1917 it did not have a permanent Club house at College Square. The Office of the Club was situated at 89 Bechu Chatterjee Street, Kolkata. An application was made in the far end of 1924 to the Calcutta Corporation for sanction of proposed Building Plan at the North-Eastern corner of College Square. The sanction of the proposed Building was received in 1925 with the much sincere efforts of Mr. Prabhu Dayal Himmatsingka and Mr. S.M. Yacoob, to whom the Club would remain ever grateful. The construction of Building started with the design laid by Mr. P.A. Hathway, the then Chief City Architect of Calcutta Corporation. The Club Pavilion was completed in 1927 under the supervision of Mr. J.N. Dasgupta & Mr. D.N. Ganguli, Assistants to the Chief Architect. The Club is sincerely grateful to the Calcutta Corporation for

their kind sanction to build the Pavilion and for the free gift of land on which the Club Building was erected. The Total cost of construction of the Club Building was Rupees 8,049 and 12 Annas only. The present Tower Clock was affixed later on.



THE COLLEGE SQUARE SWIMMING CLUB.
APPENDIX "X."
Statement of the Cost of the Club's building.

	Rs.	A.	P.
Bricks, Lime, Soorky, Sands etc.		2,143	2 0
Cements		496	11 0
Joist, Rod, Rainwater Pipe etc.		417	10 6
Doors and Windows		724	2 6
Planks for Shuttering		253	10 3
Screw, Bolts, Hinges (Brass) etc.		120	0 0
Paints		80	14 9
Polish Expenses		94	4 3
Rope, Bamboo, Darma etc.		89	15 3
Spade, Gathi, Sabol, Iron Pan etc.		30	6 0
Dressing Hangers (Brass)		61	3 6
Terpauline		21	5 0
Electrics		422	1 9
Engraving & Enamelling Badges		40	0 0
Labour charges for Mosaic and Patent Stone Work		890	2 3
Labour charge for Masonic works		1,328	10 0
Extra Raj and Cooly		182	14 3
Labour for "Khoa"		82	15 3
Cooly		25	14 9
Telephone charges		12	2 0
Tram etc.		21	0 9
Cart hire		9	14 0
Tower Clock		260	0 0
Extra Durwan's Salary		19	13 0
Miscellaneous		35	4 0
SINCE ADDED IN 1930.			
FILTERED WATER—			
Laying Pipe and Connection Expenses ...	71	11	0
Cement (full payment) ...	114	0	0
		185	11 0
TOTAL Rs. ...		8,049	12 0

Examined and found correct.
S. L. DUTT,
Hony: Auditor.

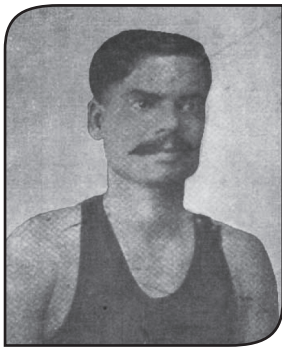
CALCUTTA, }
12th May, 1928. }

P. N. GHOSH,
Hony: Secretary.

Annexure to Audited Annual Accounts of 1927 – Statement of Construction of Club Building

Coming to the endurance swimming, we may refer to the year 1929, when the Club held an Endurance Swimming Trial with the object of breaking the records in Endurance Swim. Our Motilal Das, gave up at the last after 45 hours of constant swimming in the College Square tank and created record which no Indian Swimmer is known to have swam as long as he did at that point of time. Motilal Das made another record in 1934 when he constantly swam in college square tank for over 33 hours with his hands and legs locked up.

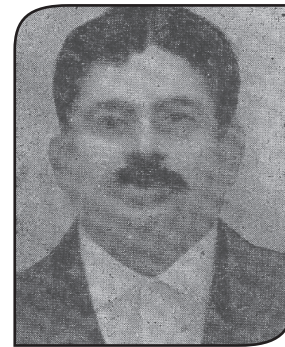
Moti Babu was a very good trainer and dedicated for swimming throughout his life. His dedication for the water sports was blessed when he found a terracotta Kali idol in the college square water tank while imparting training to the students in 1937. Since then for the last eighty years the Kali idol is being worshipped daily at our Club and every year on the day of Deepavali Kali Puja is done with special decoration and gatherings.



Motilal Das



Shyam Chand Dutta



Nani Gopal Ghosh

Let us focus into some organizational facts of swimming. All these previously mentioned Olympic Swimming Selection Trials were conducted under the aegis of Bengal Olympic Association. However, Calcutta Swimming & Sports Association (CSSA) have done the most for the development of aquatic activities and conducting swimming championships every year and officiated in all the selection trials. During the thirties some disputes arose regarding the control of swimming activities in the State of Bengal

Shri Jitendra Nath Das Gupta of CSSA, one of the main "Architect" of Aquatics in Bengal, had always been with College Square Swimming Club and played a vital role for its growth, be it swimming or infrastructure. He was a man totally dedicated for aquatics throughout his life right from the year 1913 with the introduction of swimming training in Calcutta. In 1935, Bengal Amateur Swimming Association (BASA) was formed for promoting the art of swimming in all its branches and advancing the interests of swimmers in its province in India. With this establishment, Bengal Olympic Association relinquished their hold and control over swimming in Bengal in favour of BASA, and Calcutta Swimming & Sports Association got extinct forever. Shri J.N. Das Gupta became the first General Secretary of Bengal Amateur Swimming Association and later on also became the first Secretary of Indian Swimming Federation (ISF), which was formed under his leadership in 1941. Later on in 1948, Indian Swimming Federation was reconstituted as Swimming Federation of India (SFI) after acquiring the affiliation rights of FINA from National Swimming Association.

Water polo, the most interesting discipline of aquatics was believed to be introduced in Bengal in 1917 by Mr. Ley of Calcutta Swimming Club and Jitendra Lal Mukherjee of Ahiritola Club. The first renowned water polo player of our State was Shyam Chand Dutta of College Square Swimming Club, who mastered the art of playing in any position in a match. He played for our Club since its inception and later on developed and trained many water polo players for many years. In respect and honour of this great player, College Square Swimming Club initiated a Water polo Tournament in his name which is being held every year for the last half a century.

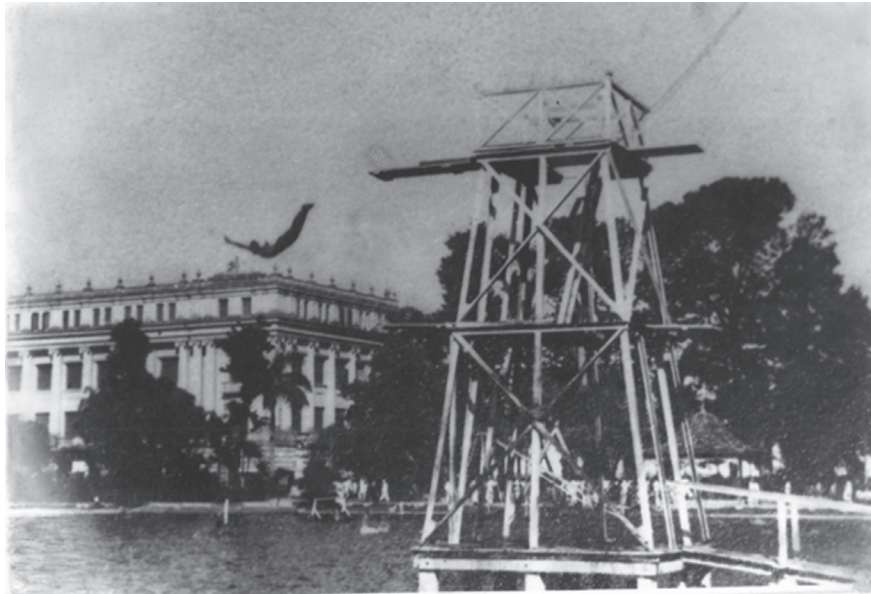
Swimmers of Bengal always have a peculiar fascination for water polo specially in Calcutta since its early days. Bengal's claim for All India supremacy in water polo has been established since the early twenties which sometimes shifted to Bombay team (now Maharashtra) down the years. In those days the Bengal water polo team mainly consisted of players of our Club, The Central Swimming Club and Ahiritola S.C.

The supremacy of water polo players of Calcutta is established by the fact that 80% of the players of the Olympic Water Polo Team of India were from our City. Out of the nine players of the Indian Water polo team at 1948 London Olympic, seven were from Bengal, including Durga Das from our Club. In 1952 Helsinki Olympic, the Indian contingent consisted of five water polo players from Bengal, of which three were from College Square Swimming Club – Kedar Shaw, Sambhu Saha and Bijay Barman. Sachin Nag of Bengal and Isaac Mansoor of Bombay are the only two Indian water polo players to have participated in both the Olympics till date.

Sachin Nag may be considered the greatest of all the swimmers India have ever produced. He is the first Asian Champion in swimming, the first gold medalist in Asian Games from India and the first Indian swimmer to clock below a minute in 100 meters Freestyle. In the first Asian Games held in 1951 at Delhi, Ganesh Das of College Square Swimming Club, was the Captain of the Indian Water Polo Team which won gold medal beating Singapore in the final play -off. Indian water polo team did not qualify in 1956 Olympics and since then there was down fall in the standards of the Indian aquatic compared to the international one.

In the sixties, few water polo players of College Square Swimming Club were in the focus like Dilip Deb, Rai Chand Dey, Amares Sen & Salil Mukherjee, who got their berth in the Indian Water polo contingent for International Meets like the Cultural Tour at Russia and Indo-Ceylon Meets. Dilip Deb was the prodigy in Bengal water polo during the sixties and was the center of attraction for all water polo matches in which our Club played. He was a grand scorer and as on date he still holds the record of scoring all the goals for Bengal water polo team against Bombay at the final of National Aquatic Championship.

The Sixties and early Seventies saw many developments in the infrastructure of the Club and College Square as a whole. Since the inception of the Club, our members use to swim at the North-Western side of the College Square Tank. Even after the Club Building was ready at the North-East Corner the situation was the same. After the opening of the Swimming Section of the Calcutta YMCA they used the North-Eastern area of the water tank. Calcutta University Institute used the space just beside YMCA on the western border



The old Wooden Diving Board of our Club with University of Calcutta at the backdrop

A joint proposal, after a mutual agreement, was placed by College Square Swimming Club, YMCA & Calcutta University Institute before the Calcutta Municipal Corporation for change of water space allotted earlier for ease of the members of these three Clubs. After much correspondences with the Municipal Authorities. The Calcutta Corporation finally passed the resolution on 21st February 1964 for the mutually agreed change of water space. We were allotted the presently used water area at the North-Eastern side of the College Square tank.

The space in the middle of the northern side of the College Square Tank, measuring around 20 ft x 11.6 ft, earlier used by Calcutta Swimming & Sports Association, since defunct, was reallocated in our favour to facilitate the

construction of the Standard 50 Meters Swimming Course running east to west. The then District Engineer, DE-II of Corporation of Calcutta vide its Letter No: IIE/549 dated 19-9-1969 gave the permission to construct 50 mtrs Swimming Track, Diving Board, R.C. Chute etc in the College Square Tank. It was as per the resolution confirmed by the Corporation at its meeting held on 27-06-1969 as recommended by Standing Works & Town Planning Committee. The wooden Diving Board was replaced by new concrete Diving Board in 1973 keeping at par with the then latest standards. The costs of the 50 mtrs Swimming Course & Diving Board was constructed with the contribution from the Birla House and the Bhuwalka Jankalyan Trust. The standard 50 mtrs Swimming Course was certified by the Survey of India.

A dream was initiated on 14th August 1981 during the Annual Aquatic Sports of our Club where Shri Kali Pada Sarkar, the then Chief Coach of the College Square Swimming Club, raised the proposal of constructing a filtered water swimming pool in presence of the Chief Guest Dr. (Mrs) M.M. Dastur of M/s. M.N. Dastur & Co, Club the then President Shri Ranen Mitra and other Seniors Club Officials. Then proposal was approved in the next Executive Committee Meeting of the Club where a special construction committee was formed headed by Dr. (Mrs) M.M. Dastur and assisted Shri Dilip Kumar Basu and Shri Sarbani Prosad Mullick. It was decided to have Mini Swimming Pool at the field on the western side of the Club Pavilion.



Dr. (Smt) M.M. Dastur & Dr. M.N. Dastur of M.N. Dastur & Co with Shri K.P. Sarkar, Chief Coach, inaugurating the plaque during the Foundation Stone laying of Mini Pool

M/s. M.N. Dastur & Co funded the entire cost of swimming pool project. After that started the daily battle for obtaining permission from the Calcutta Municipal Corporation, meeting with the engineers, acquiring cement at controlled rate and many more. All the way long Mrs. Dastur led from the front spending her valuable time and made it successful in completing the work fast. On 17th July 1982 the Mini Pool was formally inaugurated by Hon'ble Minister Shri Prasanta Sur leading to a more stronger foundation for College Square Swimming Club. Since day-one the training programme for the children was efficiently implemented under the planning of Shri Dilip Mullick, the then Secretary during the Mini Pool inauguration.

In 1983 during our 60th Annual Aquatic Sports (Diamond Jubilee), Shri B.D. Pandey, Hon'ble Governor of West Bengal graced the occasion as Chief Guest and also awarded Trophy for the Best Women Swimmer in Bengal to Bula Chowdhury. The Hon'ble Governor was very much pleased and kind enough to donate Rs.1000/- from Governor's Fund for the development of the Club.



Hon'ble Shri B.D. Pandey, Governor of West Bengal inside our Club Pavilion in 1983 along with Smt Pandey and the then Secretary Shri Dilip Kumar Basu & President Shri Ranen Mitra

Conscious dreams pave the path for new developments. College Square Swimming Club have never restrained itself from 'change' necessitating growth. The above narrations quite positively depict that. In 2002 we have added a temperature regulated Multi Gymnasium mainly for the advanced level swimmers, water polo players and divers and in 2010 the Mini Pool was covered with Polycarbonate shed with the contributions from MPLAD & BEUP Fund. The Mini Pool was renovated in 2011 after 30 years of use under the able leadership of our present President Shri Ashok Pareek. The wish of Shri Ashu Dutta, the 1951 Asian Games Medalist Diver, made decades back was fulfilled in the 100th year of the Club with the installation of latest Duraflex Maxi-flex Fiber Diving Board imported from USA fully funded by MPLAD Fund.

Success is a journey and College Square Swimming Club have travelled a century since the British India to a Modern India growing from a sapling to a huge tree with deeply imbedded roots surviving the world wars, the famine, the riots, the political emergency, the economical metamorphosis and much more creating its own niche in the aquatic world. The journey continues.....

Gautam Mullick

Hony. General Secretary



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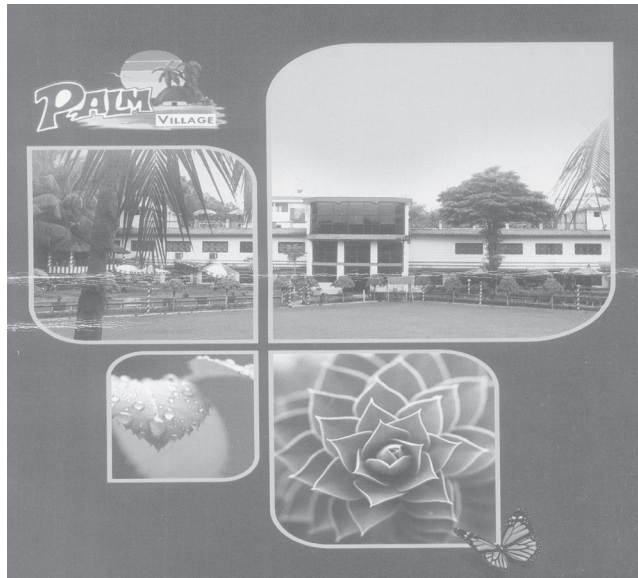
A
Well
Wisher



Felicitation of Venerable Persons in Aquatics of the State of West Bengal on 17th March 2016 at CUI Auditorium, Kolkata

1	Gora Chand Seal	Olympic	1948	London
2	Tarun Goswami	Asian Games	1970	Bankok
3	Abdul Mutlib	Asian Games	1970	Bankok
4	Beni Madhav Talukdar	Asian Games	1974	Tehran
5	Amar Roy	Asian Games	1974	Tehran
6	Tapan Malakar	Asian Games	1974	Tehran
7	Utpal Mitra	Asian Games	1982	Delhi
8	Kanai Roy	Asian Games	1982	Delhi
9	Rahul Mitra	Asian Games	1982	Delhi
10	Ramen Das	Asian Games	1982	Delhi
11	Bula Chowdhury Chakraborty	Asian Games	1982 & 86	Delhi & Seoul
12	Sanjib Chakraborty	Asian Games	1982 & 86	Delhi & Seoul
13	Biswajit De Chowdhury	Asian Games	1982	Delhi
14	Supriya Sardar	Asian Games	1982	Delhi
15	Satabdi Das	Asian Games	1982	Delhi
16	Chandana Sarkar	Asian Games	1982	Delhi
17	Sujitendra Nath Das	Asian Games	1986	Seoul
18	Akbar Ali Mir	Asian Games	2002	Bushan
19	Prodip Ghosh	Asian Games (Age Group)	1985	Bombay
20	Rai Chand Dey	Russian & Ceylon Tour	1966 & 67	Russia & Ceylon
21	Amares Sen	Ceylon Tour	1966	Ceylon
22	Dilip Deb	Russian & Ceylon Tour	1966 & 67	Russia & Ceylon
23	Sharmistha Raha	Asian Age Group Champ	2009	Tokyo
24	Amrita Das	English Channel	2010	UK-France
25	Shreyanti Pan	South Asian Games	2016	Colombo
26	Ranen Mitra	President CSSC	1979-91	
27	Pabitra Mukherjee	President CSSC	1992-95	
28	Justice Shyamal Kumar Sen	President CSSC	1995-01	
29	Manab Kumar Ray Chaudhuri	President CSSC	2001-10	
30	Dilip Mullick	Secretary CSSC	1981-82	
31	Naranarayan Gooptu	President BASA	1990-2002	
32	Ramola Chakraborty	President BASA	2002-2010	
33	Ramanuj Mukhopadhyay	President BASA	2011 (Contd)	
34	Ashim Kumar Bandopadhyay	Secretary BASA		
35	Santi Ranjan Dey	Secretary BASA	2015 (Contd)	
36	Prodip Kumar Saha	President CDSA	2002-2006	
37	Lakshmi Narayan Nandy	President CDSA	2006-2010	
38	Satchidananda Banerjee	President CDSA	2010 (Cont)	
39	Ardhendu Dasgupta	Secretary CDSA	1978-80	
40	Sailen Sil	Secretary CDSA	2002-10	
41	Pranab Sarkar	Secretary CDSA	2010-14	
42	Pranoy Kumar Banerjee	Secretary CDSA	2014 (Contd)	

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Tune & Music: KAZI ARINDAM
Rhythm Programming: SIDDHARTA CHATTERJEE
Keyboard Programming: RANA BISWAS
Recording, Mixing, Mastering: SOUMEN PAUL
Studio: SOPRANO

MRP: 100/-

কণ্ঠ: অনিন্দ্য চট্টোপাধ্যায়
সুর: কাজী অরিন্দম
কথা: শিবনাথ বন্দ্যোপাধ্যায়

শতবর্ষের রঙিন আলোয় সুইমিং ক্লাব
কলেজ স্কোয়ার
1917- 2017



“ কলেজ স্কোয়ার সুইমিং ক্লাব ” শতবর্ষের গান



স্বপ্ন অনেক বৃকের আশায়, গড়া নিখাদ ভালবাসার

কত নবীন, কত প্রবীণ, কত রেকর্ড ভাঙা করার।

শতবর্ষের রঙিন আলোয় সুইমিং ক্লাব কলেজ স্কোয়ার.....

টলটলে জল পুল জুড়ে ওই বোদের ঝিলিক জলের ফেটিয়ে

রক্তে লাগে বেশার দোলা, এপার ওপার সাঁতার কাটায়

বুক চিতিয়ে জেতার লড়াই, প্রলম্ব নেই হানবায়

শতবর্ষের রঙিন আলোয় সুইমিং ক্লাব কলেজ স্কোয়ার.....

দামাল ছেলে লাফিয়ে পড়ে, ডাইভিং বোর্ড উখাল পাখাল

জলের মাঠে বলের দখল, চলছে লড়াই সকাল বিকাল

অলিম্পিক বা এশিয়াডে অংশ নিল কত খেলোয়াড়

শতবর্ষের রঙিন আলোয় সুইমিং ক্লাব কলেজ স্কোয়ার.....

আজ আমরা গর্ব করি, হাজার লতুন সাঁতার গড়ি

বাংলা ভারত দাপিয়ে তারা, আজ ইংলিশ চ্যানেল পার

উৎসাহ দিই ভাঙতে শিকল, প্রতিবন্ধকতার.....

শতবর্ষের রঙিন আলোয় সুইমিং ক্লাব কলেজ স্কোয়ার.....

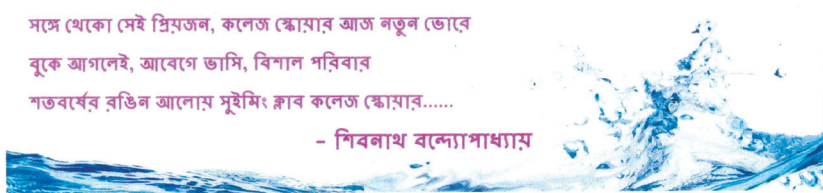
শতবর্ষের জোয়ার-ভাটা, সামলেছি আজ যাদের জোরে

সঙ্গে থেকে সেই প্রিয়জন, কলেজ স্কোয়ার আজ লতুন ভোরে

বুকে আগলেই, আবেগে ভাসি, বিশাল পরিবার

শতবর্ষের রঙিন আলোয় সুইমিং ক্লাব কলেজ স্কোয়ার.....

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Inauguration of 100 Years Celebration



Opening of the Exhibition of Old Photos & News Clippings on Swimming



Flag Hoisting by Club President Shri Ashok Pareek on the morning of 17th March 2016



The Assets - Century Old Cups & Shields of the Club



Swimmers & their parents at the Exhibition inside Mini Pool



The Exhibition just after inauguration

Inauguration of 100 Years Celebration



Inauguration of Centenary Celebration on 17th March 2016 at CUI Hall by Justice Shyamal Kr Sen



Release of First Day Cover by Director, GPO on the Inaugural Day

Inauguration of 100 Years Celebration



The Dais on the Inauguration of 100 Years Celebration on 17.06.2016



Release of Centenary Theme Song of College Square Swimming Club by Justice Shyamal Sen



L to R-Ashok Pareek, S. Banerjee, Justice Shyamal Sen, Ramanuj Mukherjee, Surender Kumar & Hara Prasad Chatterjee



Cross section of the spectators on the inaugural day at CUI Hall

Centenary Walk on 20th March 2016



Flag off by Club President



Gora Chand Seal, 1948 Olympian, with the sacred fire in the torch, helped by Ashok Pareek & Biswarup Dey at the Centenary Walk

Centenary Walk on 20th March 2016



Swimmers, Diver & Water Polo Players



Children with Placards



Participating Parents



The Bagpiper Band

Get Together



Illuminated Club Building



Shri Ashok Pareek, Club President, with other Club Officials



Shri Subhankar Sinha Roy, Deputy Commissioner of Police - Kolkata North (centre) at the Get Together



The Stalwarts of Aquatics



We are still Young - Shri Gora Chand Seal, 1948 Olympian & Shri Bimal Dey, Life Member

With Best Compliments from :

*"In the memory of my Grandfather Late Ramoni
Mohan Das, Father Late Jagadish Chandra
Das & Mother Late Trimati Das*

*My deepest homage to you all for what I have been
today."*



**From
Jnan Ranjan Das
&
Shyamali Das**

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Felicitation of Venerable Persons in Aquatics at the Inauguration



Abdul Mutlib



Akbar Ali Mir



Amar Roy



Amares Sen



Amrita Das



Ardendu Dasgupta



Ashim Bandyopadhyay



Beni Madhav Talukdar



Bula Chowdhury



Chandana Sarkar



Dilip Deb



Dilip Mullick



Gora Chand Seal, Olympian (1948)



Justice Shyamal Kr Sen



Kanai Roy



Laxminarayan Nandy



M K Ray Chaudhuri



Pabitra Mukherjee

Felicitation of Venerable Persons in Aquatics at the Inauguration



Pradip Ghosh



Pradip Saha



Pranab Sarkar



Pranoy Banerjee



Rahul Mitra



Raichand Dey



Ramen Das



Ranen Mitra



Sailen Sil



Sanjib Chakraborty



Santi Ranjan Dey



Satchidananda Banerjee



Sharmistha Raha



Shatabdi Das



Shreyanti Pan



Sujitendranath Dutta



Supriya Sardar



Tapan Malakar

All India Centenary Aquatic Meet



Water polo Champion Trophy for All India Centenary Aquatic Meet



The Inauguration of All India Centenary Aquatic Meet on 19.07.2016



Shri Sudip Bandopadhyay, MP, Guest of Honour, addressing the participants on the 5th Day of All India Centenary Aquatic Meet



Smt Smita Bakshi, MLA, Guest of Honour at All India Centenary Aquatic Meet



Shri Sadhan Pandey, MIC, Department of Consumer Welfare, Govt. of WB, Guest of Honour, being introduced to the players at All India Centenary Aquatic Meet

All India Centenary Aquatic Meet



A view of the Diving Event at All India Centenary Aquatic Meet



Butterfly Event



Centenary All India Water polo Winner Team - Indian Navy



Synchronised Diving-1



Synchronised Diving-2



Synchronised Diving-3

COLLEGE SQUARE SWIMMING CLUB
CENTENARY ALL INDIA SWIMMING MEET 2016

Order of Events for Swimming from 19th July to 24th July 2016

19.07.16	1	400 Mtr. Free Style	Men	M/E
	2	400 Mtr. Free Style	Women	M/E
	3	200 Mtr. Breast Stroke	Men	M/E
	4	200 Mtr. Breast Stroke	Women	M/E
	5	50 Mtr. Butter Fly	Men	M/E
	6	50 Mtr. Butter Fly	Women	M/E
20.07.16	1	200 Mtr. Free Style	Men	M/E
	2	200 Mtr. Free Style	Women	M/E
	3	400 Mtr. I.M.	Men	M/E
	4	400 Mtr. I.M.	Women	M/E
	5	50 Mtr. Back Stroke	M/E	M/E
	6	50 Mtr. Back Stroke	Women	M/E
21.07.16.	1	1500 Mtr. Free Style	Men	M/E
	2	1500 Mtr. Free Style	Women	M/E
	3	100 Mtr. Butter Fly	Men	M/E
	4	100 Mtr. Butter Fly	Women	M/E
22.07.16.	1	800 Mtr. Free Style	Men	M/E
	2	800 Mtr. Free Style	M/E	M/E
	3	50 Mtr. Breast Stroke	Men	M/E
	4	50 Mtr. Breast Stroke	Women	M/E
23.07.16	1	200 Mtr. I.M.	Men	M/E
	2	200 Mtr. I.M.	Women	M/E
	3	200 Mtr. Back Stroke	Men	M/E
	4	200 Mtr. Back Stroke	Women	M/E
	5	50 Mtr. Free Style	Men	M/E
	6	50 Mtr. Free Style	Women	M/E
24.07.16.	1	100 Mtr. Back Stroke	Men	M/E
	2	100 Mtr. Back Stroke	Women	M/E
	3	100 Mtr. Free style	Men	M/E
	4	100 Mtr. Free style	Women	M/E
	5	100 Mtr. Breast Stroke	Men	M/E
	6	100 Mtr. Breast Stroke	Women	M/E
	7	200 Mtr. Butter Fly	Men	M/E
	8	200 Mtr. Butter Fly	Women	M/E

COLLEGE SQUARE SWIMMING CLUB
ALL INDIA INVITATION CENTENARY AQUATIC MEET 2016

Swimming
Results on 19th July 2016

No.	Events	M/W	1st	M: S:T	2nd	M: S:T	3rd	M: S:T
1	400mts Freestyle	Men	Monojit Hazra (Howrah)	04:40:94	Army Pal (Hooghly)	04:41:51	Sujan Naskar (24 Pgs S)	04:50:33
2	400mts Freestyle	Women	Priyanka Manna (Hooghly)	05:06:66	Madhulekha Hazra (CSSC)	05:13:85	Ankana Roy (CSSC)	05:15:11
3	200mts Breast Stroke	Women	Ayantika Dey (Kolkata)	03:10:34	Rimpa Bhowmick (24 Pgs N)	03:13:72	Priyanka Sadhukhan (Hooghly)	03:16:82
4	50 Mtr. Butterfly	Men	Nayan Pal (Indian Navy)	00:26:70	Avilash Chakraborty (Indian Navy)	00:27:85	Rahul Kumar Yadav (Kolkata)	00:28:29
5	50 Mtr. Butterfly	Women	Chandrima Nandy (Howrah)	00:32:66	Sudipa Das (Hooghly)	00:33:16	Aarsi Poddar (Kolkata)	00:33:22

Results on 20th July 2016

No.	Events	M/W	1st	M: S:T	2nd	M: S:T	3rd	M: S:T
1	200mts Freestyle	Men	Subhankar Das (Howrah)	02:13:61	Soupayan Ghosh (Kolkata)	02:15:42	Sujan Naskar (24 Pgs S)	02:15:84
2	200mts Freestyle	Women	Priyanka Manna (Hoogly)	02:24:45	Dolon Kayal (Howrah)	02:35:05	Sudipa Das (Hoogly)	02:35:68
3	400mts Individual Medley	Men	Pratyay Bhattacharjee (Burdwan)	05:24:33	Krishna Kanta Pal (Hoogly)	05:25:05	Ayush Routh (24 Pgs N)	06:09:20
4	400mts Individual Medley	Women	Sayani Ghosh (Howrah)	05:53:33	Shristi Upadaya (Kolkata)	06:05:39	Tiyasha Mondal (Hoogly)	06:21:85
5	50 Mtr. Back Stroke	Men	Nayan Pal (Indian Navy)	00:28:89	Soumajit Saha (CSSC)	00:29:65	Sumit Kumar (Indian Navy)	00:30:35
6	50 Mtr. Back Stroke	Women	Shreyanti Pan (CSSC)	00:32:92	Aarshi Poddar (Kolkata)	00:34:84	Priti Gain (24 Pgs N)	00:36:26

Results on 21st July 2016

No.	Events	M/W	1st	M: S:T	2nd	M: S:T	3rd	M: S:T
1	1500mts Freestyle	Men	Pratyay Bhattacharjee (Burdwan)	19:19:85	Monojit Hazra (Howrah)	19:21:48	Nabin Das (Kolkata)	19:59:71
2	1500mts Freestyle	Women	Madhulekha Hazra (CSSC)	20:38:15	Ankana Roy (CSSC)	20:46:36	Sreyashi Chakraborty (24 pgs N)	20:55:77
3	100 mts Butterfly	Men	Avilash Chakraborty (Indian Navy)	01:01:20	Suvam Das (Hooghly)	01:03:38	Santanu Halder (24 Pgs S)	01:04:29
4	100 mts Butterfly	Women	Chandrima Nandy (Howrah)	01:13:23	Madhuja Dutta (Hooghly)	01:17:22	Esha Majhi (Hooghly)	01:18:32

**SWIMMING
RESULTS ON 22ND JULY 2016**

No.	Events	M/W	1st	M: S: T	2nd	M: S: T	3rd	M: S: T
1	800 mts Free-style	Men	Pratyay Bhattacharjee (Burdwan)	09:34:89	Monojit Hazra (Howrah)	09:36:70	Army Pal (Hooghly)	09:43:07
2	800mts Free-style	Women	Madhulekha Hazra (CSSC)	10:50:10	Ankana Roy (CSSC)	11:00:31	Sreyashi Chakraborty (24 pgs N)	11:12:17
3	50mts Breast Stroke	Men	Avrajit Indu (Bihar)	00:35:28	W D Singh (Indian Navy)	00:35:49	Sreejith SK (Indian Air Force)	00:38:12
4	50mts Breast Stroke	Women	Rimpa Bhowmick (24 Pgs N)	00:41:59	Riya Das (Howrah)	00:42:10	Ayantika Dey (Kolkata)	00:42:34

RESULTS ON 23RD JULY 2016

No.	Events	M/W	1st	M: S: T	2nd	M: S: T	3rd	M: S: T
1	200mts Individual Medley	Men	Pratyay Bhattacharjee (Burdwan)	02:27:89	Soumyajit Saha (CSSC)	02:29:63	Saikat Patra (Hooghly)	02:32:43
2	200mts Individual Medley	Women	Shristi Upadaya (Kolkata)	02:48:12	Ayantika Dey (Kolkata)	02:51:50	Esha Majhi (Hooghly)	02:54:72
3	200mts Back Stroke	Men	Soumyajit Saha (CSSC)	02:29:52	Santanu Halder (24 Pgs S)	02:32:87	Harsh Singh (CSSC)	02:36:41
4	200mts Back Stroke	Women	Shreyanti Pan (CSSC)	02:43:90	Nilanjana Seal (Hooghly)	02:48:41	Antara Biswas (Kolkata)	02:50:60
5	50mts Free-style	Men	Nayan Pal (Indian Navy)	00:25:54	Suvam Das (Hooghly)	00:26:11	J K Nair (Indian Air Force)	00:27:24
6	50mts Free-style	Women	Shreyanti Pan (CSSC)	00:29:86	Sunanda Datta (Kolkata)	00:30:01	Ankana Roy (CSSC)	00:31:02

RESULTS ON 24TH JULY 2016

No.	Events	M/W	1st	M: S: T	2nd	M: S: T	3rd	M: S: T
1	100mts Back Stroke	Men	Soumyajit Saha (CSSC)	01:07:33	Amit Das (Howrah)	01:08:88	Santanu Halder (24 Pgs S)	01:09:49
2	100mts Back Stroke	Women	Shreyanti Pan (CSSC)	01:14:99	Priti Gain (24 Pgs N)	01:17:04	Neelanjana Seal (Hooghly)	01:19:21
3	100 mts Freestyle	Men	Nayan Pal (Indian Navy)	00:59:19	Gokul G (Indian Navy)	01:00:67	Suvam Das (Hooghly)	01:00:71
4	100mts Free-style	Women	Shreyanti Pan (CSSC)	01:05:67	Priyanka Manna (Hooghly)	01:06:45	Ankana Roy (CSSC)	01:08:88
5	100mts Breast Stroke	Men	W D Singh (Indian Navy)	01:18:96	Hayder Ali Molla (24 Pgs S)	01:21:69	Sreejith SK (Indian Air Force)	01:24:56
6	100mts Breast Stroke	Women	Ayantika Dey (Kolkata)	01:28:71	Rimpa Bhowmick (24 Pgs N)	01:30:91	Priyanka Sadhukhan (Hooghly)	01:31:94
7	200mts Butterfly	Men	Avilash Chakraborty (Indian Navy)	02:24:76	Krishnendu Pal (Hooghly)	02:37:42	Rupak Das (Hooghly)	02:41:37

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**COLLEGE SQUARE SWIMMING CLUB
ALL INDIA INVITATION CENTENARY AQUATIC MEET 2016**

WATER POLO RESULTS

Date	Game	White Cap		Blue Cap	Score	Winner
19.07.2016	1	Indian Navy	Vs.	CSSC	13-6	Indian Navy
	2	South Eastern Railways	Vs.	Indian Army	7-7	Draw
	3	Indian Air Force	Vs.	CSSC's President's XIII	7-6	Indian Air Force
Date	Game	White Cap		Blue Cap	Score	Winner
20.07.2016	1	Indian Navy	Vs.	Indian Army	10-6	Indian Navy
	2	Indian Air Force	Vs.	CSSC	14-8	Indian Air Force
	3	South Eastern Railways	Vs.	CSSC's President's XIII	14-5	South Eastern Railways
Date	Game	White Cap		Blue Cap	Score	Winner
21.07.2016	1	South Eastern Railways	Vs.	CSSC	9-5	South Eastern Railways
	2	Indian Navy	Vs.	Indian Air Force	8-6	Indian Navy
	3	Indian Army	Vs.	CSSC's President's XIII	14-8	Indian Army
Date	Game	White Cap		Blue Cap	Score	Winner
22.07.2016	1	CSSC	Vs.	CSSC's President's XIII	7-11	South Eastern Railways
	2	Indian Army	Vs.	Indian Air Force	10-8	Indian Navy
	3	South Eastern Railways	Vs.	Indian Navy	7-8	Indian Army
Date	Game	White Cap		Blue Cap	Score	Winner
23.07.2016	1	Indian Navy	Vs.	CSSC's President's XIII	6-5	Indian Navy
	2	Indian Army	Vs.	CSSC	11-4	Indian Army
	3	South Eastern Railways	Vs.	Indian Air Force	9-8	South Eastern Railways
Date	Game	White Cap		Blue Cap	Score	Winner
24.07.2016	Final	Indian Navy	Vs.	South Eastern Railways	11-9	Champion - Indian Navy
						Runners Up - South Eastern Railways
	3rd Place	Indian Army	Vs.	Indian Air Force	9(4) - 9(3)	3rd Place - Indian Army

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**COLLEGE SQUARE SWIMMING CLUB
ALL INDIA INVITATION CENTENARY AQUATIC MEET 2016**

**DIVING
RESULTS ON 21ST JULY 2016**

Date	Events	M/W	1st	2nd	3rd
21.07.2016	High Board	Men	Ch. Puskar (Army Diving Pune Team)	Amit Dey (Karnataka)	Sourav Debnath (Army Sports Inst. Pune)
	High Board	Women	Deepti Panwar (Western Rly.)	Sumana Pal (Kolkata)	Tanuka Dhara (Western Rly.)

RESULTS ON 22ND JULY 2016

Date	Events	M/W	1st	2nd	3rd
22.07.2016	3 mts Spring Board	Men	K Ramananda Sharma (Army Diving Team)	Surajit Rajbanshi (Army Sports Inst.)	M M Meitei (Army Sports Inst.)
	3 mts Spring Board	Women	Tanuka Dhara (Western Railways)	Deepti Panwar (Western Railways)	Moupriya Mitra (Hooghly)

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All India Centenary Aquatic Meet



Participating Divers with Outstation Diving Officials at All India Centenary Aquatic Meet



Chief Guest Shri Biman Banerjee, Speaker of WB Legislative Assembly, Addressing at the inauguration of All India Centenary Aquatic Meet



Shri Gora Chand Seal, Olympian (1948-London) with the winners of an event



Swim Past for All India Centenary Aquatic Meet



Water polo match at the All India Centenary Aquatic Meet

Centenary All Bengal Swimming Meet



Centenary All Bengal Swimming Officials 2016



Championship Trophies for All Bengal Centenary Swimming Meet



Shri Ashok Pareek, President of the Club awarding the Girls overall Champion Trophy to the Host Team CSSC



Shri Biswarup Dey, one of our Vice Presidents, awarding the Boys Overall Champion Trophy to Rishra Swimming Club



Shri Tinkar Dutta, Director Siti Cable Network Ltd with winners of one of the Boys Events



Smt Swapna Das, Councillor Ward No



The Plunge - girls



The Plunge - boys

Cross Ganga Swimming Meet



A view inside the Vessel during prize distribution



Competitors being taken to the Howrah side for start



Ahiritola Club Gate



Ahiritola Ghat ready for the Swim



Crossing the Ganga



The Girls Competitors at the finishing point

Cross Ganga Swimming Meet



Madhulekha Hazra, Champion (Girls) in Cross Ganga Swimming Meet Receiving Prize from Shri N R Jhawar



Soumyajit Saha, Champion (Boys) in Cross Ganga Swimming Meet Receiving Prize from Shri N R Jhawar



Shri Debasish Kumar, MMIC (Parks & Gardens), KMC, Chief Guest of Cross Ganga Meet, exchanging words with Club President



The gathering at the Ahiritola Ghat before the start



The 'See-Off'



Winners of the Cross Ganga Swimming Meet

CENTENARY ALL BENGAL SWIMMING MEET 2016
ORDER OF EVENTS FOR 10th June, 2016

NO.	MTS.		EVENTS	CATEGORY		GROUP	H/F
1	100	mts	Freestyle	Boys	-	Open	Heat-III
2	100	mts	Freestyle	Girls	-	Open	Heat-II
3	200	mts	Indv. Medley	Girls	-	Gr. II	Heat-II
4	200	mts	Indv. Medley	Boys	-	Gr. II	Heat-III
5	100	mts	Freestyle	Boys	-	Gr. III	Heat-V
6	100	mts	Freestyle	Girls	-	Gr. III	Heat-III
7	100	mts	Freestyle	Boys	-	Gr. IV	Heat-III
8	100	mts	Freestyle	Girls	-	Gr. IV	Heat-II
9	200	mts	Indv. Medley	Boys	-	Open	Heat-III
10	200	mts	Indv. Medley	Girls	-	Open	Heat-II
11	100	mts	Freestyle	Girls	-	Gr. II	Heat-II
12	100	mts	Freestyle	Boys	-	Gr. II	Heat-IV
13	50	mts	Back Stroke	Boys	-	Gr. III	Heat-IV
14	50	mts	Back Stroke	Girls	-	Gr. III	Heat-III
15	50	mts	Back Stroke	Boys	-	Gr. IV	Heat-IV
16	50	mts	Back Stroke	Girls	-	Gr. IV	Heat-II
17	50	mts	Freestyle	Boys	-	Open	Heat-IV
18	50	mts	Freestyle	Girls	-	Open	Heat-II
19	50	mts	Freestyle	Boys	-	Gr. II	Heat-IV
20	50	mts	Freestyle	Girls	-	Gr. II	Heat-III
21	50	mts	Freestyle	Boys	-	Gr. III	Heat-V
22	50	mts	Freestyle	Girls	-	Gr. III	Heat-IV
23	50	mts	Freestyle	Boys	-	Gr. IV	Heat-V
24	50	mts	Freestyle	Girls	-	Gr. IV	Heat-IV
25	100	mts	Back Stroke	Girls	-	Open	Final
26	100	mts	Breast Stroke	Boys	-	Open	Heat-III
27	100	mts	Breast Stroke	Boys	-	Gr. II	Heat-IV
28	100	mts	Breast Stroke	Girls	-	Gr. II	Heat-III
29	50	mts	Breast Stroke	Boys	-	Gr. III	Heat-IV
30	50	mts	Breast Stroke	Girls	-	Gr. III	Heat-II
31	50	mts	Breast Stroke	Boys	-	Gr. IV	Heat-III
32	50	mts	Breast Stroke	Girls	-	Gr. IV	Heat-II
33	100	mts	Back Stroke	Boys	-	Open	Heat-II
34	50	mts	Back Stroke	Girls	-	Open	Heat-II
35	100	mts	Back Stroke	Boys	-	Gr. II	Heat-IV
36	100	mts	Back Stroke	Girls	-	Gr. II	Heat-II
37	50	mts	Butterfly	Boys	-	Gr. III	Heat-IV
38	50	mts	Butterfly	Girls	-	Gr. III	Heat-II
39	50	mts	Butterfly	Boys	-	Gr. IV	Heat-III
40	50	mts	Butterfly	Girls	-	Gr. IV	Heat-II
41	100	mts	Butterfly	Boys	-	Open	Heat-III
42	100	mts	Butterfly	Girls	-	Open	Heat-II
43	4 x 50	mts	Freestyle Relay	Boys	-	Gr. IV	Final
44	4 x 50	mts	Freestyle Relay	Girls	-	Gr. IV	Final
45	4 x 50	mts	Freestyle Relay	Boys	-	Open	Final
46	4 x 50	mts	Freestyle Relay	Girls	-	Open	Final

CENTENARY ALL BENGAL SWIMMING MEET 2016
ORDER OF EVENTS FOR 11th June, 2016

NO.	MTS.		EVENTS	CATEGORY		GROUP	H/F
1	100	mts	Freestyle	Boys	-	Open	Final
2	100	mts	Freestyle	Girls	-	Open	Final
3	200	mts	Indv. Medley	Girls	-	Gr. II	Final
4	200	mts	Indv. Medley	Boys	-	Gr. II	Final
5	100	mts	Freestyle	Boys	-	Gr. III	Final
6	100	mts	Freestyle	Girls	-	Gr. III	Final
7	100	mts	Freestyle	Boys	-	Gr. IV	Final
8	100	mts	Freestyle	Girls	-	Gr. IV	Final
9	200	mts	Indv. Medley	Boys	-	Open	Final
10	200	mts	Indv. Medley	Girls	-	Open	Final
11	100	mts	Freestyle	Girls	-	Gr. II	Final
12	100	mts	Freestyle	Boys	-	Gr. II	Final
13	50	mts	Back Stroke	Boys	-	Gr. III	Final
14	50	mts	Back Stroke	Girls	-	Gr. III	Final
15	50	mts	Back Stroke	Boys	-	Gr. IV	Final
16	50	mts	Back Stroke	Girls	-	Gr. IV	Final
17	50	mts	Freestyle	Boys	-	Open	Final
18	50	mts	Freestyle	Girls	-	Open	Final
19	50	mts	Freestyle	Boys	-	Gr. II	Final
20	50	mts	Freestyle	Girls	-	Gr. II	Final
21	50	mts	Freestyle	Boys	-	Gr. III	Final
22	50	mts	Freestyle	Girls	-	Gr. III	Final
23	50	mts	Freestyle	Boys	-	Gr. IV	Final
24	50	mts	Freestyle	Girls	-	Gr. IV	Final
25	50	mts	Back Stroke	Girls	-	Open	Final
26	100	mts	Breast Stroke	Boys	-	Open	Final
27	100	mts	Breast Stroke	Boys	-	Gr. II	Final
28	100	mts	Breast Stroke	Girls	-	Gr. II	Final
29	50	mts	Breast Stroke	Boys	-	Gr. III	Final
30	50	mts	Breast Stroke	Girls	-	Gr. III	Final
31	50	mts	Breast Stroke	Boys	-	Gr. IV	Final
32	50	mts	Breast Stroke	Girls	-	Gr. IV	Final
33	100	mts	Back Stroke	Boys	-	Open	Final
34	100	mts	Back Stroke	Girls	-	Open	Final
35	100	mts	Back Stroke	Boys	-	Gr. II	Final
36	100	mts	Back Stroke	Girls	-	Gr. II	Final
37	50	mts	Butterfly	Boys	-	Gr. III	Final
38	50	mts	Butterfly	Girls	-	Gr. III	Final
39	50	mts	Butterfly	Boys	-	Gr. IV	Final
40	50	mts	Butterfly	Girls	-	Gr. IV	Final
41	100	mts	Butterfly	Boys	-	Open	Final
42	100	mts	Butterfly	Girls	-	Open	Final
43	4 x 50	mts	Freestyle Relay	Boys	-	Gr. III	Final
44	4 x 50	mts	Freestyle Relay	Girls	-	Gr. III	Final
45	4 x 50	mts	Freestyle Relay	Boys	-	Gr. II	Final
46	4 x 50	mts	Freestyle Relay	Girls	-	Gr. II	Final

CENTENARY ALL BENGAL SWIMMING MEET 2016 Participating Clubs

1	Annapurna Swimming Center	24	Noapara Swimming Centre
2	Baghbazar United Club	25	North Calcutta Swimming Center
3	Bally Gramanchal Kriya Samity	26	Paddapur Young Men's Association
4	Bally Swimming Centre	27	Purba Jadavpur
5	Bally Swimming Club	28	Rishra Swimming Club
6	Bidhan Nagar Swimming Association	29	Sailendra Memorial Club
7	Bowbazar Bayam Samity	30	Salkia Swimming Club
8	Calcutta Sports Association	31	Sanhati
9	Calcutta University Institute	32	Sree Colony Bhabatarini Welfare Society
10	Calcutta Youth Club	33	Swi-Gym Institute
11	Chetla Agrani Club Swimming Pool	34	Tala Sports Ally
12	Deshbandhu Swimming & Athletic Club	35	Taldi Swimming Centre
13	Garia Srirampur Kalyan Samity	36	Taldi Swimming Club
14	Indian Life Saving Society	37	The Bhowanipore Swimming Association
15	Kidderpore Swimming Club	38	The Central Swimming Club
16	Kolaghat Swimming Centre	39	The Hathkola Club
17	Kumartuly Bagdevi Tarun Sangha	40	The Self Culture Institute
18	Kumartuly Park Swimming club	41	Tollygunge Swimming Club
19	Kumartuly Swimming Club	42	Uluberia Amateur Aquatic Club
20	Lake Friends	43	Vidyasagar Swimming Coaching Centre
21	Lake Town Swimming Pool Association	44	Vivekananda Swimming Association
22	Midnapore Swimming Club	45	Y.M.C.A. - Swimming Section
23	Nebutala Kabadi Club (Santar)	46	College Square Swimming Club

Diving

Diving competitions are divided in two sections and three different forms Individual events, Synchronised events and Team events:

Individual Events:

Category I: Open category for men and women (14 and above can participate in the same)

Men Section:

1. In Platform diving, Participants need to perform 6 dives from 6 different groups, the group consists of: Forward, Backward, Reverse, Inward, Twist and Arm stand. All the dives should be performed from 10 Meter board only.
2. In spring board diving, Participants need to perform 6 dives from 5 different groups, the group consists of: Forward, Backward, Revers, Inward and Twist, however the participant cannot repeat a dive but can select a dive from the same group. Spring board consists of 3 meter events and 1 meter events.
3. In high diving, Participants need to perform 5 dives from 6 different groups, the group consists of: Forward, Backward, Revers, Inward, Twist and Arm stand, however the dives should be performed with the leg entry only. All the dives should be performed from 27 meter board only.

Women Section:

1. In Platform diving, Participants need to perform 5 dives from 6 different groups, the group consists of: Forward, Backward, Reverse, Inward, Twist and Arm stand. All the dives should be performed from 10 Meter board only.
2. In spring board diving, Participants need to perform 5 dives from 5 different groups, the group consists of: Forward, Backward, Revers, Inward and Twist, however the participant cannot repeat a dive but can select a dive from the same group. Spring board consists of 3 meter events and 1 meter events.
3. In high diving, Participants need to perform 3 dives from 6 different groups, the group consists of: Forward, Backward, Revers, Inward, Twist and Arm stand, however the dives should be performed with the leg entry only. All dives should be performed from 20 meter board only.

Category II: Junior, Sub-Junior boys and girls (Group A, B and C)

* Group A – Under 18 Years

Boys Section:

1. In platform diving, Participants need to perform 9 dives from 6 different groups, the groups consists of: Forward, Backward, Reverse, Inward, Twist and arm stand, all 6 groups must be used. All the dives can either be performed from 5 meters, 7.5 meters or 10 meters. No dive can be repeated.
2. In spring board diving, participants need to perform 10 dives from 5 different groups, the groups consists of: Forward, Backward, Reverse, Inward and Twist, all 5 groups must be used and no dive can be repeated. Spring board diving consists of 3 meter events and 1 meter events.

Girls Section:

1. In platform diving, Participants need to perform 8 dives from 6 different groups, the groups consists of: Forward, Backward, Reverse, Inward, Twist and arm stand, all 6 groups must be used. All the dives can either be performed from 5 meters, 7.5 meters or 10 meters. No dive can be repeated.
2. In spring board diving, participants need to perform 9 dives from 5 different groups, the groups consists of: Forward, Backward, Reverse, Inward and Twist, all 5 groups must be used and no dive can be repeated. Spring board diving consists of 3 meter events and 1 meter events.

* Group B – Under 14 & 15 Years

Boys Section:

1. In platform diving, Participants need to perform 8 dives from 6 different groups, the groups consists of: Forward, Backward, Reverse, Inward, Twist and arm stand, all 6 groups must be used. All the dives can either be performed from 5 meters, 7.5 meters or 10 meters. No dive can be repeated.
2. In spring board diving, participants need to perform 9 dives from 5 different groups, the groups consists of: Forward, Backward, Reverse, Inward and Twist, all 5 groups must be used and no dive can be repeated. Spring board diving consists of 3 meter events and 1 meter events.

Girls Section:

1. In platform diving, Participants need to perform 7 dives from 6 different groups, the groups consists of: Forward, Backward, Reverse, Inward, Twist and arm stand, all 6 groups must be used. All the dives can either be performed from 5 meters, 7.5 meters or 10 meters. No dive can be repeated.
2. In spring board diving, participants need to perform 8 dives from 5 different groups, the groups consists of: Forward, Backward, Reverse, Inward and Twist, all 5 groups must be used and no dive can be repeated. Spring board diving consists of 3 meter events and 1 meter events.

* Group C – Under 12 & 13 Years

Boys Section:

1. In platform diving, Participants need to perform 7 dives from 6 different groups, the groups consists of: Forward, Backward, Reverse, Inward, Twist and arm stand. All the dives can either be performed from 5 meters, 7.5 meters or 10 meters.
2. In spring board diving, participants need to perform 8 dives from 5 different groups, the groups consists of: Forward, Backward, Reverse, Inward and Twist, all 5 groups must be used and no dive can be repeated. Spring board diving consists of 3 meter events and 1 meter events.

Girls section:

1. In platform diving, Participants need to perform 6 dives from 6 different groups, the groups consists of: Forward, Backward, Reverse, Inward, Twist and arm stand. All the dives can either be performed from 5 meters, 7.5 meters or 10 meters. No dives can be repeated.
2. In spring board diving, participants need to perform 7 dives from 5 different groups, the groups consists of: Forward, Backward, Reverse, Inward and Twist, all 5 groups must be used and no dive can be repeated. Spring board diving consists of 3 meter events and 1 meter events.

Please Note: Children below 10 years of age cannot participate in the competitive games.

Calculations of points:

The point can be calculated with 5 judges or 7 judges during the competitive games.

5 Judges:

When the competition has 5 judges the calculation is as followed:

E.g.: 8.0, 7.5, 7.5, 7.5, 7.0 = $22.5 \times 2.0 = 45.0$

(When the judges give the above mentioned points the calculation is done as above example where the highest and the lowest points are deducted and the remaining points are added and multiplied by the degree of difficulty, which would give the total for that particular dive.)

7 Judges:

When the competition has 7 judges the calculation is as followed:

E.g.: 8.0, 7.5, 7.5, 7.5, 7.5, 7.5, 7.0 = $22.5 \times 2.0 = 45.0$

(When the judges give the above mentioned points the calculation is done as above example where the 2 highest and the 2 lowest points are deducted and the remaining points are added and multiplied by the degree of difficulty, which would give the total for that particular dive.)

Synchronised diving:

This form of diving is the most popular form when it comes to viewers and audiences during competitive games.

This kind of diving is performed in open category & junior category (Group A and Group B)

The divers can perform similar dives or different dives, however they need to be synchronised when it comes to take off, air position and entry.

The categories are:

Men's pair diving

Men's pair have to perform 6 dives from platform as well as spring board

Women's pair diving

Women's pair have to perform 5 dives from platform as well as spring board

Mixed pair diving (Men and women)

In mixed category the pair has to perform 5 dives from platform as well as spring board.

Please note: In this form of diving the first two dives has an assigned degree of difficulty which is 2.0.

Calculations of points:

The point can be calculated with 9 judges or 11 judges during the competitive games.

9 Judges:

Execution Diver 1: 7.0, 6.5

Execution Diver 2: 5.5, 5.5

Synchro Awards: 8.5, 8.0, 8.0, 7.5, 7.5

= 35.5

$5 \times 3 = 21.3 \times 2.8 = 59.64$

(When the judges give the above mentioned points, the calculation is done as mentioned in the example, from where the execution diver's points: 1 highest and 1 lowest point is deducted and from the synchro awards: 1 highest and 1 lowest point is deducted and the remaining points are added then divided by 5 and multiplied by 3 which then gives a total score which is further multiplied by the degree of difficulty, which would give the total points for that particular dive)

11 Judges:

Execution diver 1: 7.0, 6.5, 6.0

Execution diver 2: 5.5, 5.5, 7.0

Synchro Awards: 8.0, 8.0, 7.5, 8.0, 7.0

= 35.5

$5 \times 3 = 21.3 \times 2.8 = 59.64$

(When the judges give the above mentioned points, the calculation is done as mentioned in the example, from where the execution diver's points: 2 highest and 2 lowest point is deducted and from the synchro awards: 1

highest and 1 lowest point is deducted and the remaining points are added then divided by 5 and multiplied by 3 which then gives a total score which is further multiplied by the degree of difficulty, which would give the total points for that particular dive)

Team events:

This form of diving is newly introduced by FINA (Federation International De Nation)

The team diving competition involves 1 female and 1 male diver. Every completion shall comprise 6 different dives from 6 different groups individually. Two dives with assigned degree of difficulty of 2.0 for each dive regardless of the formula and four dives without the limit of degree of difficulty.

Three dives should be executed by the female competitor and the remaining three dives by the male competitor. Each diver must perform at least one dive from 3 meter and one dive from platform.

Calculations of Points:

The calculations of the points are similar as individual diving.

Mayur Vyas

Coach of Indian Diving Team and Fina Referee

॥ ওয়াটারপোলো খেলার সংক্ষিপ্ত ইতিহাস এবং ভারতবর্ষে এই খেলার সেকাল ও একাল ॥

রমেন দাস

ভারতবর্ষের বর্তমান জনসংখ্যা প্রায় ১৩০ কোটি। এই বিপুল জনসংখ্যার খুব কম লোকেরই ওয়াটার পোলো খেলা সম্পর্কে কোন ধারণা আছে। তবে বর্তমানে দূরদর্শনের মাধ্যমে আজকাল বিভিন্ন রকম আন্তর্জাতিক প্রতিযোগিতা মূলক খেলা দেখানো হয়। সেই হিসাবে হয়তো কিছু মানুষ ওয়াটারপোলো খেলা দেখে থাকতে পারেন। তাহলেও তার সংখ্যা কিন্তু খুব একটা বেশী হবে না। পৃথিবীর চারটি মহাদেশে এই খেলার যথেষ্ট প্রচলন আছে। তারমধ্যে ইউরোপ মহাদেশে এই খেলার জনপ্রিয়তা সবচাইতে বেশী।

ইতিহাস থেকে যতটুকু জানা যায়, তাতে দেখা যাচ্ছে প্রথম ওয়াটারপোলো খেলা হয়েছিল ১৮৭৩ খৃষ্টাব্দের ১৫ই সেপ্টেম্বর London Swimming Club-এ। আন্তর্জাতিক স্তরে এই খেলা ১৯০০ খৃষ্টাব্দের প্যারিস অলিম্পিকে প্রথম অন্তর্ভুক্ত হয়। সেখানে বিভিন্ন দেশের club গুলি প্রতিযোগিতায় অংশ নিয়েছিল। এমনকি একই দেশের একাধিক clubও সেখানে খেলেছিল। তারপর ১৯০৪ খৃষ্টাব্দের অলিম্পিকে এই খেলা প্রদর্শনী খেলা হিসাবে বিবেচিত হয়েছিল এবং এই খেলায় কোন পদক প্রদান করা হয়নি। তারপর ১৯০৮ খৃষ্টাব্দের অলিম্পিক থেকে পাকাপাকি ভাবে শুধুমাত্র দেশগুলিই প্রতিনিধিত্ব করার সুযোগ পায়। ২০১৬ খৃষ্টাব্দে রাজিলে অনুষ্ঠিত রিও অলিম্পিক পর্যন্ত হাঙ্গেরী সবচেয়ে বেশী মোট ২২ বার অলিম্পিকে অংশগ্রহণ করে এবং এখনও পর্যন্ত তাদের বুলিতেই সবচেয়ে বেশী পদক জয়ের কৃতিত্ব রয়েছে। হাঙ্গেরীর পরে দ্বিতীয় স্থানে আমেরিকা যুক্তরাষ্ট্র মোট ২০ বার ওয়াটারপোলো খেলায় অলিম্পিকে অংশগ্রহণ করেছে।

ভারতবর্ষে কবে থেকে এই খেলার প্রচলন হয়েছিল তার সাল তারিখ কিছু জানা যায় না। তবে ওয়াটারপোলো খেলা প্রধানত কোলকাতা ও বম্বে (অধুনা মুম্বাই)-তে প্রথম শুরু হয়। ভারতবর্ষ ওয়াটারপোলো খেলায় মোট দুবার অলিম্পিকে অংশগ্রহণ করে। প্রথম ১৯৪৮ খৃষ্টাব্দের লন্ডন অলিম্পিক এবং দ্বিতীয় বার ১৯৫২ খৃষ্টাব্দের হেলসিংকি (ফিনল্যান্ড) অলিম্পিক। তারপরে আজ পর্যন্ত ভারতবর্ষ থেকে আর কোনদিন ওয়াটারপোলো খেলায় অলিম্পিকের আসরে প্রতিনিধিত্ব হয়নি।

১৯৫১ খৃষ্টাব্দে ভারতের দিল্লী শহরে প্রথম এশিয়ান গেমস অনুষ্ঠিত হয়। সেই প্রথম এশিয়ান গেমসে ওয়াটারপোলো খেলায় দুটি মাত্র দেশ অংশগ্রহণ করে। ভারতবর্ষ এবং সিঙ্গাপুর। দুটি দেশের খেলায় সিঙ্গাপুরকে হারিয়ে ভারতবর্ষ প্রথম স্থান পায় এবং সিঙ্গাপুর দ্বিতীয় স্থান লাভ করে। ১৯৫১ খৃষ্টাব্দের পরে আবার ১৯৭০ খৃষ্টাব্দে ব্যাংককে দ্বিতীয়বার ভারতবর্ষ দল ষষ্ঠ (6th) এশিয়ান গেমসে অংশগ্রহণ করবার সুযোগ পায় এবং ভারতীয় দল রৌপ্য পদক বিজয়ী হয়। এরপর তেহেরানে অনুষ্ঠিত সপ্তম এশিয়ান গেমসে ভারতীয় ওয়াটারপোলো দল অংশগ্রহণ করে এবং ষষ্ঠ স্থান লাভ করে। তারপর আবার ভারতীয় দল এশিয়ান গেমসে প্রতিনিধিত্ব করার সুযোগ পায় ১৯৮২ খৃষ্টাব্দে দিল্লীতে অনুষ্ঠিত নবম এশিয়ান গেমসে। সেখানে ভারতীয় দল রৌপ্য পদক লাভ করে। এরপর ১৯৮৬ খৃষ্টাব্দে সিওলে (দ: কোরিয়া) অনুষ্ঠিত দশম এশিয়ান গেমসেও ভারত অংশগ্রহণ করার সুযোগ পায় এবং ষষ্ঠ স্থান লাভ করে। তারপর থেকে অদ্যাবধি ভারতীয় ওয়াটার পোলো দল আর কোন এশিয়ান গেমসে অংশগ্রহণ করার সুযোগ

পায়নি।

এতগুলো পরিসংখ্যান বিস্তারিতভাবে উল্লেখ করার উদ্দেশ্য হলো পরবর্তী পর্যায়ে ভারতীয় ওয়াটারপোলো দলের এশিয়ান গেমসে অংশগ্রহণ না করার আসল কারণগুলি যাতে ঠিকভাবে বিশ্লেষণ করা যায়।

যেহেতু দশম এশিয়ান গেমসে ভারতীয় দল কোন পদক পায়নি তাই পরবর্তী এশিয়ান গেমসে অংশগ্রহণ করার ছাড়পত্র ভারত সরকারের খেলমন্ত্রক থেকে পাওয়া যায়নি। সরকারি ছাড়পত্র না পেলে সরকারি আর্থিক সহায়তা পাওয়া যায় না এবং ভারতীয় সাঁতার সংস্থার পক্ষেও এত খরচের দায়ভার নেওয়া সম্ভব হয়নি। ফলশ্রুতি এশিয়ান গেমসে ভারতীয় ওয়াটারপোলো দলের অংশগ্রহণ বন্ধ হয়ে যাওয়া। প্রসঙ্গত উল্লেখ করা যেতে পারে ২০১৬ খৃষ্টাব্দের রিও অলিম্পিক পর্যন্ত অষ্ট্রেলিয়া ১৬বার অলিম্পিকে এই খেলায় অংশগ্রহণ করেছে এবং কোন বার পদক জয় করতে পারেনি।

এবার আলোচনা করা যাক মেয়েদের ওয়াটারপোলো খেলা নিয়ে। ভারতে ৮০র দশক থেকে জাতীয় প্রতিযোগিতায় মেয়েদের অংশগ্রহণ শুরু হয়। প্রথম দিকের তুলনায় প্রতিযোগী রাজ্যগুলির সংখ্যা যদিও মোটামুটি একই রকম আছে কিন্তু খেলার মান তুলনীয়ভাবে নিম্নমানের দিকেই। ১৯৮৫ খৃষ্টাব্দে ভারতীয় মেয়ে ওয়াটার পোলো দল ফ্রান্সে অনুষ্ঠিত বিশ্ব ওয়াটারপোলো প্রতিযোগিতায় অংশগ্রহণ করে।

অলিম্পিক গেমসে মেয়েদের ওয়াটারপোলো শুরু হয় ২০০০ খৃষ্টাব্দের সিডনী অলিম্পিক থেকে। ২০১০ খৃষ্টাব্দের Guangzhou-তে অনুষ্ঠিত এশিয়ান গেমসে প্রথম মেয়েদের ওয়াটারপোলো অন্তর্ভুক্ত হয়। সেবার ভারতীয় মেয়ে দলের এশিয়ান গেমসে প্রতিনিধিত্ব করবার কোন প্রস্তুতি বা পরিকল্পনাই ছিল না। প্রথম অবস্থায় মোট তিনটি দেশ এশিয়ান গেমসে প্রতিনিধিত্ব করবার সম্মতি জানায়। কিন্তু চারটে দেশ প্রতিযোগিতায় অংশগ্রহণ না করলে সেই মহাদেশ থেকে অলিম্পিকে কোয়ালিফাই করা যায় না। চিনের ওয়াটারপোলো দল যাতে অলিম্পিকে qualify করতে পারে তার জন্য চার নম্বর একটা দলের প্রয়োজন ছিল যে দেশে মেয়েদের ওয়াটারপোলো খেলা এবং প্রতিযোগিতা হয়। শোনা যায় শেষ পর্যন্ত চিনের অনুরোধে এবং সহায়তায় শেষ মুহূর্তে ভারতীয় মেয়ে ওয়াটারপোলো দল চার নম্বর দল হিসেবে এশিয়ান গেমসে অংশগ্রহণ করে এবং চতুর্থ স্থান পায়। চিন দল এশিয়ান গেমসে প্রথম স্থান পেয়ে ২০১২ লন্ডন অলিম্পিকে প্রতিনিধিত্ব করার সুযোগ লাভ করে। ২০১৪ খৃষ্টাব্দের এশিয়ান গেমসে ভারতীয় মেয়ে ওয়াটারপোলো দল অংশগ্রহণ করে নি।

একটা কথা প্রায়শঃ শুনতে পাওয়া যায় যে ভারতে ওয়াটারপোলো খেলার মান ক্রমশঃ খারাপ হয়ে যাচ্ছে। কথাটা হয়তো অনেকাংশে ঠিক। কিন্তু তার কারণগুলো বিশ্লেষণ করে তার সমাধানের এবং খেলার মানের উন্নতির চেষ্টা কোন স্তর থেকেই শুরু হয়নি। কোলকাতা শহরে অনেক ক্লাব তাদের ওয়াটারপোলো খেলার দলই তুলে দিয়েছে। যদিও নিকট অতীতে সেই সব ক্লাবগুলি যথেষ্ট ভালো মানের খেলোয়ার তৈরী করেছে এবং বিভিন্ন প্রতিযোগিতায় পদক জয়ের তালিকাতেও ছিল। কিন্তু কোন অজানা কারণে এই ক্লাবগুলির পরিচালকমন্ডলী এই খেলাটা চালিয়ে যেতে অনাগ্রহী। কিন্তু একটা বিষয় তারা বোধহয় মনে রাখেনি তাদের ক্লাবগুলিতে এই খেলার অনুশীলন বন্ধ হয়ে যাবার ফলে অনেক উন্নত মানের খেলোয়াড় তৈরীও বন্ধ হয়ে গিয়েছে। তাদের ক্লাবগুলি অতীতে অনেক জাতীয় পর্যায়ের খেলোয়াড় তৈরী করেছে। কিন্তু খেলোয়াড় তৈরীর আঁতুড় ঘরটাই যদি না থাকে তাহলে তো খেলোয়াড় তৈরীর সম্ভাবনাটাই বিলীন হয়ে যায়। এই সব বন্ধ করে দেয়া ক্লাবগুলি থেকে তৈরী খেলোয়াড়রা এই খেলার সুবাদে বিভিন্ন সরকারী প্রতিষ্ঠানে চাকুরী পেয়েছে এবং আজ তারা জীবনে প্রতিষ্ঠিত।

বর্তমান সমাজ ব্যবস্থায় একটু অবস্থাপন্ন ঘরের ছেলেমেয়েরা খেলাধুলার বিষয়ে খুব একটা আগ্রহী নয়। প্রথম ত: তাদের পড়াশোনার চাপ এবং সর্বোপরি সার্বিক পরিশ্রম বিমুখতা। পড়াশোনা ঠিকভাবে করার পরে খেলার জন্য সময় দিতে তারা একদমই চায় না। এরপরেও যে সমস্ত ছেলেমেয়েরা আগ্রহ নিয়ে খেলতে আসছে, তারা বেশীর ভাগ ক্ষেত্রেই ঠিক ঠিক training পায় না। যে সমস্ত প্রশিক্ষকরা তৃণমূল স্তরে training করান তাদের বেশীর ভাগ নিজেরাই জানেন না প্রাথমিক স্তরে কি করতে হয়। শুনতে হয়তো কথাটা খুব খারাপ লাগছে বা যারা এই কাজটা করেন তারা হয়তো রেগেও যাবেন কিন্তু এটাই বাস্তব ঘটনা। একটা বাড়ি তৈরী করার সময় যদি তার ভিতটা মজবুত না হয় তাহলে সেই বাড়ি কতদিন টিকবে তার আশংকা থেকেই যায়। এখানেও তেমনি। খেলোয়াড় তৈরীর প্রাথমিক পর্যায়ে যদি গোলমাল থেকে যায় এবং যাচ্ছে ও, তাহলে তাদের পক্ষে একজন দক্ষ খেলোয়াড় তৈরী হওয়া আর সম্ভব হয়ে ওঠে না। ব্যতিক্রম হয়তো আছে। সেটা সেই ব্যতিক্রমী খেলোয়াড়ের ব্যক্তিগত প্রচেষ্টার ফল। পরবর্তীকালে যখন এই সব ভুল শেখা উঠতি খেলোয়াড়রা বিভিন্ন দলের হয়ে প্রতিযোগিতায় অংশগ্রহণ করে তখন তাদের ত্রুটিপূর্ণ খেলা দেখে দর্শকদের এবং সমর্থকদের কোন মনোরঞ্জন হয় না। খেলার মানেরও কোন উন্নতি হয় না। প্রচুর সমালোচনা হয় তাদের ভুলত্রুটির। অনেক ক্ষেত্রেই খেলোয়াড়রা উৎসাহ হারিয়ে ফেলে। এই অবস্থা কিন্তু ভারতের সবকটি রাজ্যেই যারা এই খেলার অনুশীলন করে এবং জাতীয় স্তরে প্রতিযোগিতায় অংশগ্রহণ করে।

এই সমস্যার তাহলে সমাধান কি? এই অবস্থায় উন্নতি সাধনের জন্য প্রথমেই প্রাথমিক স্তরের প্রশিক্ষকদের ঠিক ভাবে শিক্ষিত করা দরকার। এই খেলার আইন কানুন সম্বন্ধে তাদের ঠিকঠাক ধারণা তৈরী করাতে হবে। ওয়াটারপোলো খেলা একটি বিশেষ নিয়মের দ্বারা পরিচালিত হয় এবং এই সব নিয়ম কানুন প্রাথমিক অবস্থা থেকেই খেলোয়াড়দের বুঝিয়ে দেওয়া বিশেষ প্রয়োজন। কেন্দ্রীয় বা রাজ্য খেলা মন্ত্রক, জাতীয় সাঁতার সংস্থা বা রাজ্য সাঁতার সংস্থাগুলি যদি উন্নত মানের বিদেশী প্রশিক্ষক নিয়ে এসে আমাদের দেশের প্রশিক্ষকদের একটা দীর্ঘমেয়াদী training-এর ব্যবস্থা করতে পারে তাহলে বোধহয় আমাদের দেশের ওয়াটারপোলো খেলার মানের উন্নতি করা সম্ভব। প্রসঙ্গত উল্লেখ করা যেতে পারে ১৯৮২ সালের এশিয়ান গেমসের প্রায় দেড় বছর আগে অস্ট্রেলিয়া থেকে মি: জন বার্ড (Mr. John Bird) নামে একজন প্রশিক্ষককে ভারত সরকার ওয়াটারপোলোর উন্নতির জন্য এই দেশে নিয়ে আসে এবং উনি ভারতীয় ওয়াটারপোলো খেলার একটা আমূল পরিবর্তন সাধন করেছিলেন এবং আধুনিক ওয়াটারপোলোর ধারণা উনিই প্রথম ভারতীয় খেলোয়াড়দের মধ্যে সঞ্চারিত করেছিলেন। সর্বোপরি ওনার প্রশিক্ষনেই কিন্তু ভারতীয় দলকে সেই এশিয়ান গেমসে ব্রোঞ্জ পদক জয়ের মূল কর্ণধার হিসেবে চিহ্নিত করে রেখেছে। এই রকম বিশেষজ্ঞ বিদেশী প্রশিক্ষক নিয়ে আসতে পারলে অনেক বেশী খেলোয়াড়ও তৈরী হবে। সেই সঙ্গে ভারতবর্ষের খেলোয়াররা যাতে আন্তর্জাতিক মানের মূল প্রতিযোগিতায় অংশগ্রহণ করতে পারে তার পদক্ষেপ এবং প্রস্তুতিও গ্রহণ করতে হবে। তাহলেই খেলোয়াড়রাও অনেক বেশী উৎসাহী হবে এবং স্বনির্ভর হবার সুযোগ পাবে।

(লেখক ১৯৮২ এশিয়ান গেমসে ওয়াটারপোলোতে পদকপ্রাপ্ত)

আমার সাঁতার শেখা

আমার যখন তিন বছর বয়স তখন থেকে আমি সাঁতার শিখতে শুরু করি। আমার মা আমাকে সাঁতার শেখার জন্য বিদ্যাসাগর ক্লাবে ভর্তি করে দেন। ওখানে প্রথম দিন সাঁতার শিখতে গিয়ে দেখি একটা চৌকো আকারের পুকুরে পরিষ্কার জলের মধ্যে আমার মতো ছোট ছোট ছেলেমেয়েরা সাঁতার কাটছে। কেউ আনন্দে লাফাচ্ছে, কেউ ভয় পেয়ে কাঁদছে। জলে নামতে গিয়ে আমারও প্রথমে খুব ভয় লাগছিল। মা আমাকে একটা সাঁতার কাটার ছোট প্যান্ট পরিয়ে দিয়েছিলেন। আমি সেটা পরে ঐ পুকুরটাতে নামতেই আমার গলা অবধি ডুবে গেল। আমি ভয় পেয়ে চিৎকার করে উঠলাম। মনে হচ্ছিল ডুবে যাব। হঠাৎ দেখি শক্ত দুই হাতে আমাকে কে যেন ধরে ফেলল। আমার ভয়টা তাতে অনেক কমে গেল। ফিরে তাকিয়ে দেখি আমার দাদুর মতো বয়সের একজন মানুষ, মাথায় তার সাদা চুল, আমাকে ধরে আছেন। আমাকে জিজ্ঞাসা করলেন “আজই প্রথম জলে নামলে?” আমি উত্তরে বললাম “হ্যাঁ”। “ভয় লাগছে?” বললেন তিনি। “একটু একটু” বললাম আমি। তিনি তখন বললেন “আমাকে ধরে পা দুটো জলের উপরে ছোড়ার চেষ্টা কর”। আমি তাই করলাম। ভয়টা তখন একটু একটু করে কমেতে শুরু করেছে। সেদিন প্রায় আধঘন্টা সেইভাবে কাটল। তারপর থেকে রোজই তাঁর কাছে সাঁতার কাটা শিখতে শুরু করলাম। সময়টা আস্তে আস্তে বাড়তে লাগল। এখন আমার সাঁতার কাটতে খুব ভাল লাগে। আমাকে যিনি প্রথম সাঁতার কাটা শেখান তাঁকে আমি কোনদিনও ভুলতে পারব না। তাঁকে আমি “দাদু-স্যার” বলে ডাকতাম। এখনও তাই ডাকি।

দেবাদিত্য চ্যাটার্জী
(সাঁতারু ও ক্লাব সদস্য)

SWIMMING

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Subham Das
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NEWSPAPER CLIPPINGS

আজকাল কলকাতা বুধবার ৩০ নভেম্বর ২০১৬

খেলা

৩

১০০



এখনকার ক্লাব প্যাভিলিয়ন, মিনি সুইমিং পুল

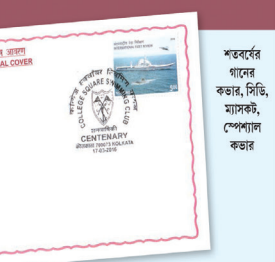


১৯-র আধিক্য নিয়েই শুরু হয়েছিল যাত্রা। সাল ১৯১৭। তারিখ ১৭ মার্চ। নতুন ক্লাব প্রতিষ্ঠার উদ্যোগী হয়েছিলেন ১৭ জন। প্রথম সভাপতি ছিলেন তখনকার ভাইসরয়ের এম এল সি, আডভোকেট জেনারেল সতীশ রঞ্জন দাস। প্রথম সচিব প্রথম নাথ ঘোষ। অনেক পথ পেরিয়ে সেই কলেজ ক্লাবের সুইমিং ক্লাব এখন শতবর্ষের প্রার্থী। চক্রে শতবার্ষিকীতে নানা অনুষ্ঠান। যা শুরু হয়েছে এক্ষেত্রে ১৭ মার্চ। সামনের বছর ১৭ মার্চ শেষ হবে। একদা নাম ছিল গোল্ডেন সি। এখন যা পাটে পাটে হয়েছে বিদ্যাসাগর উদ্যান। তবে লোকের মুখে বেশি শোনা যায় কলেজ ক্লাবের নামটাই। সেখানেই কলেজ ক্লাবের সুইমিং ক্লাবের প্যাভিলিয়ন। যা তৈরি হয়েছিল ১৯১৭ সালে, ৮-৩২৮ টাকা খরচ করে। সেই প্যাভিলিয়নের নকশা তৈরি করে দিয়েছিলেন

তখনকার ক্যালকাতা মিউনিসিপ্যাল কর্পোরেশনের চিফ পিটি আর্কিটেক্ট পি এ হ্যাথওয়ে। তখন ক্লাবের সভাপতি ছিলেন জি ডি বিজলা। অবশ্য সেই পুরনোর সঙ্গে এখনকার প্যাভিলিয়নের কোনও মিল খুঁজে পাওয়া যাবে না। সময়ের সঙ্গে পাটেছে অনেক কিছুই। ভেতরে এখন একেবারে শিশুদের সাতার শেখানোর জন্য রয়েছে অভ্যুত্থিত মিনি সুইমিং পুল। যা তৈরি হয়েছে ১৯৮২ সালে। যেখানে শিশুরা পরিষ্কৃত জলে সাতার শেখার সুযোগ পাচ্ছে। বসেছে তাপমাত্রা নিয়ন্ত্রিত আধুনিক মাণ্ডি জিম। ২০০২ সালে ওই মাণ্ডি জিম বসানো হয়েছে। ১৯৭২-৭৩ সালে পুরনো কাঠের বকলে বসানো হয়েছে কনক্রিটের ভাইভিং বোর্ড। এখন ক্লাবের কোচ হিসেবে তিন বিভাগের মাধ্যম রয়েছে জ্ঞানরঞ্জন দাস (সাতার), সন্নীরা সাহা (ভাইভিং) ও বিশ্বদেব দত্ত (গ্যাটারপোলো)। কলেজ ক্লাবের এই

প্যাভিলিয়ন তৈরির আগে ক্লাবের ঠিকানা ছিল ৮৯ ক্লে টার্নি স্ট্রিট। ১৯১৭ সালে যাত্রা শুরুর একদমক পর ক্লাব চলে আসে এই গোল্ডেন সিতে। ১৯ জন সদস্য নিয়ে যাত্রা শুরু হয়েছিল কলেজ ক্লাবের সুইমিং ক্লাবের। এখন সদস্য সংখ্যা বেড়ে দাঁড়িয়েছে দেড় হাজারেরও বেশি। আর ওখানে সাতার, ভাইভিং ও গ্যাটারপোলোর শিক্ষার্থী সংখ্যা আটশোর কাছাকাছি। সচিব গৌতম মলিক বলছিলেন, 'আরও অনেক ভর্তি হতে এলেও আমরা নিতে পারছি না। তাতে ভিড় বেড়ে যাবে। আমরা যেভাবে যত্ন নিয়ে দেখাতে চাই, সেই উদ্দেশ্যটা নষ্ট হয়ে যাবে।'

বিভিন্ন সময়ে এই ক্লাবের সভাপতির আসন অলঙ্কৃত করেছেন সমাজের বিশিষ্টরা। যেমন জি ডি বিজলা, বি এম বিজলা, কুমার বিমল চন্দ্র সিং বাহাদুর, জাতিস শ্যামল কুমার সেন প্রমুখ। এখন ক্লাবের সভাপতি অশোক কুমার পারিক। সচিব গৌতম মলিক। প্রধান পুষ্পশোক জাতিস শ্যামল কুমার সেন। শতবর্ষের নানা অনুষ্ঠানের জন্য যে কমিটি গঠিত হয়েছে তাতে যুগ্ম সচিব হিসেবে রয়েছেন গৌতম মলিক ও ক্লাবের সহঃ সভাপতি ভাস্কর ঘোষ। এই ১০০ বছরে অগ্রস্ত সাতার, ভাইভার, গ্যাটারপোলো খেলায়ও উপভোগ দিয়েছে এই ক্লাব। যাঁদের নামে অসিপিপি, এশিয়ান গেমস বা অন্যান্য আন্তর্জাতিক আসরে অংশ নিয়েছেন। যেমন দ্বারকা দাস সুলজি, দুর্গা দাস, কেশব শাহ,



শতবর্ষের গানের কভার, সিডি, মাসকট, স্পেশাল কভার

নির্মলকুমার সাহা



শতবর্ষের পদযাত্রা।

শঙ্কু সাহা, বিজয় কুমার বর্মন, গণেশ দাস, সুপ্রিয়া সর্দার প্রমুখ। সম্প্রতি সাক্ষর জলক্রীড়ায় অংশ নিয়ে এলেন এই ক্লাবেরই শ্রেষ্ঠা পান। এই ক্লাবের অমৃত্যু দাস ২০১০ সালে পেরিয়েছেন ইংলিশ চ্যাম্পিয়ন। শতবার্ষিকীতে বছর জুড়ে নানা অনুষ্ঠানের পরিকল্পনা নিয়েছেন এখনকার কর্মকর্তারা। যার কিছু কিছু এতই মাথা হয়ে গেছে। বাকিগুলো হবে। শতবর্ষের থিম সত্বরে সিডি প্রকাশিত হয়েছে। 'কলেজ ক্লাবের সুইমিং ক্লাব — শতবর্ষের গান' নামে সেই সিডির কথা শিবনাথ বন্দ্যোপাধ্যায়ের। অনিন্দ্য চট্টোপাধ্যায়ের কণ্ঠে সুর দিয়েছেন কাজী অরিন্দম। চিফ পোস্ট মাস্টার জেনারেল, গুয়েস্ট স্ট্রেল সার্কেল, ডিপার্টমেন্ট অফ পোস্টের অনুমোদনে প্রকাশিত হয়েছে কলেজ ক্লাবের সুইমিং ক্লাবের শতবর্ষের স্পেশাল কভার। প্রকাশিত হয়েছে সূর্য্য বিশেষ ক্যালেন্ডার। মার্চ ২০১৬ থেকে মার্চ ২০১৭। কোন মাসের কোন তারিখে কী কী অনুষ্ঠান হবে, সেটাই ক্যালেন্ডারে তুলে ধরা হয়েছে। প্রাক শতবর্ষেই তৈরি হয়েছে মাসকট পিকো। যা আনুষ্ঠানিক প্রকাশ পায় ২০১৫ সালের ১৪ আগস্ট ক্লাবের বার্ষিক সাতার প্রতিযোগিতার সময়। ক্লাবের প্রতিষ্ঠা ১৭ মার্চ হলেও শতবর্ষ উপলক্ষে বিশাল পদযাত্রাটি হয়েছে এক্ষেত্রে ২০ মার্চ। এর কাণ্ডের কাটিয়েই প্রাথমিক। যার মাঝে দিয়ে তুলে ধরা হয়েছিল শতাব্দী শ্রীটান এই ক্লাবের ইতিহাস। একে একে হবে সাতার, গ্যাটারপোলো, ভাইভিং প্রতিযোগিতা। সাতার প্রতিযোগিতা হবে প্রার্থী, প্রতিদ্বন্দ্বী ও দুর্ভীমনদেরও। শতবার্ষিকী কমিটির যুগ্ম সচিব ভাস্কর ঘোষ জানান, শতবর্ষের অনুষ্ঠানকে শুধু জলক্রীড়াতেই আঁকে রাখা হচ্ছে না। একেবারে শেষ পর্বে দিয়ে হবে ছোটদের জন্য বসে আঁকো, যার মেয়াদ খুঁশি সাজে প্রতিযোগিতা। হবে স্পোর্টস মেডিসিনের গুপ্ত সেমিনার। গৌতম মলিক ও ভাস্কর ঘোষের বিবাস, শতবার্ষিকী অনুষ্ঠানকে এমন পর্যায়ে নিয়ে যেতে পারবেন যা বাংলার খেলাধুলোর দৃষ্টিতে হয়ে থাকবে।

ছবি: অভিনেত্রে চক্রবর্তী



কচি স্কোয়ার: কলেজ স্কোয়ার সুইমিং ক্লাবের শতবর্ষ পূর্তি উপলক্ষে খুলে সাঁতারদের মিছিল। রবিবার সূত্রীং চট্টোপাধ্যায়ের কোনো ছবি।

শতবর্ষ উৎসব কলেজ স্কোয়ার সুইমিং ক্লাবে

স্টাফ রিপোর্টার : দেশের প্রাচীন কলেজ স্কোয়ার সুইমিং ক্লাব সামনের ১৭ মার্চ শতবর্ষে পা দিতে চলেছে। সেই উপলক্ষে শতবার্ষিকী উৎসব শুরু হবে ওইদিন থেকে। সারা বছর ধরে বিভিন্ন অনুষ্ঠান চলবে। কলকাতা ইউনিভার্সিটি ইনস্টিটিউটে প্রথম দিনের অনুষ্ঠানে ফার্স্ট ডে কভার প্রকাশিত করবেন পিএমজি। থাকছে শিল্পী অনিন্দ্য চট্টোপাধ্যায়ের গান। এখানেই ক্লাবের ওলিম্পিক এবং আন্তর্জাতিক ওয়াটারপোলো তারকাদের সংবর্ধিত করা হবে। সংবর্ধিত হবেন আন্তর্জাতিক সাঁতাররাও। সাংবাদিক সম্মেলনে জানানেন ক্লাব সচিব গৌতম মল্লিক। ২০ মার্চ ক্লাবের অতীত ও বর্তমানের সাঁতারু ও ওয়াটারপোলো খেলোয়াড়দের নিয়ে হবে এক পদযাত্রা। তৃতীয় দফায় হবে সর্বভারতীয় সাঁতার এবং ওয়াটারপোলো প্রতিযোগিতা। হবে ডাইভিংও। হবে প্রতিবন্ধী এবং দৃষ্টিহীনদের নিয়ে সাঁতার প্রতিযোগিতা। সেরা চারুচন্দ্র : রাজ্য সরকারের উচ্চ শিক্ষা ডিরেক্টরেটের পরিচালনায় আন্তঃকলেজ ক্রীড়ায় চ্যাম্পিয়ন হল চারুচন্দ্র কলেজ। তারা ফুটবল, ছেলে ও মেয়েদের আর্থলেটিক্স এবং মেয়েদের ব্যাডমিন্টনে চ্যাম্পিয়ন হয়েছে। প্রতিযোগিতায় রাজ্যের ১৯ টি জেলা থেকে কলেজগুলি অংশ নিয়েছে।

3/10/2016

চ্যাম্পিয়ন সৌমজিৎ, মধুলিকা

আজকালের প্রতিবেদন: কলেজ স্কোয়ার সুইমিং ক্লাবের শতবর্ষ উপলক্ষে রবিবার কলকাতায় গঙ্গায় সাঁতার প্রতিযোগিতা হল। 'রুস গঙ্গা' সাঁতার প্রতিযোগিতায় মেয়েদের বিভাগে প্রথম হয়েছেন সৌমজিৎ সাহা। দ্বিতীয় হয়েছেন অপূর্ণ সাহা, তৃতীয় হয়েছেন কুম্ভকান্তি দাস। প্রথম, দ্বিতীয় ও তৃতীয়কে যথাক্রমে ৫ হাজার, ৪ হাজার

এবং ৩ হাজার নগদ পুরস্কার দেওয়া হয়েছে। মেয়েদের বিভাগে চ্যাম্পিয়ন হয়েছেন মধুলিকা হাজার। দ্বিতীয় ও তৃতীয় স্থান দখল করেছেন অন্না রায় ও অরুণিকা দে। কলকাতার আহিরিটোলা ঘাট থেকে সাঁতার শুরু হয়। অনুষ্ঠানে উপস্থিত ছিলেন মেয়র পরিষদ মেম্বারস কুমার এবং সি এ বি কোম্পানির বিক্রম দে।



রুস গঙ্গা সাঁতারে হেলেনের প্রথম তিন সৌমজিৎ সাহা, অপূর্ণ সাহা, কুম্ভকান্তি দাস। মেয়েদের সেরা তিন মধুলিকা হাজার, অন্না রায়, অরুণিকা দে। ছবি: রনি রায়



কলেজ স্কোয়ার সুইমিং ক্লাবের শতবর্ষ উৎসবের খুলাসে সূত্রীং চট্টোপাধ্যায়ের সঙ্গে প্রাচীন প্রতিষ্ঠানের বোর্ডরুম শীল (বহিঃস্থ)। অতীতের সাঁতারু ও ওয়াটারপোলো খেলোয়াড়দের সংবর্ধিত করা হল। —চিত্রিত: রনি



কলেজ স্কোয়ার সুইমিং ক্লাবের শতবর্ষ পূর্তির সমাপ্তি উপলক্ষে পদযাত্রা। — ছবি: প্রিয়া চৌধুরি

श्री काशी विश्वनाथ सेवा समिति का श्रावण मेला शिविर प्रारम्भ

कोलकाता : हर बार की तरह इस बार श्री काशी विश्वनाथ सेवा समिति तारकेश्वर धाम जाने वाले कांबड़ियों के लिए निःशुल्क सेवा शिविर लगायेगी। यह सेवा शिविर 17 जुलाई से शुरू होगा। इस एक माह तक के सेवाकार्य की एक उप-समिति बनाई गयी है। संयुक्त मेला संयोजक मदनलाल धानुका एवं सुरेश खंडेलवाल के निगरानी में सैकड़ों कार्यकर्ता एवं कर्मचारी इस सेवाकार्य को सफल बनाने में जुट गए हैं। समिति के अध्यक्ष रवि पोद्दार ने सभी कार्यकर्ताओं एवं दर्शनार्थियों को बेहतर सेवाएं प्रदान करने का अनुरोध किया है।

सेंटेनरी एकाटिक मीट 2016 का आयोजन 19 से



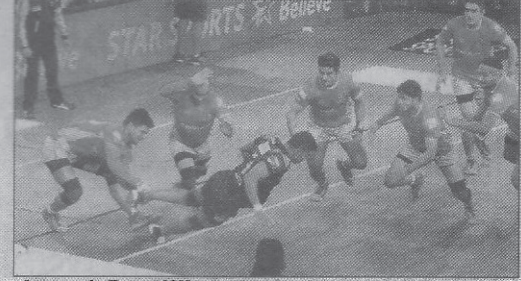
कोलकाता : कॉलेज स्क्वायर स्विमिंग क्लब (सीएसएससी) इस वर्ष अपनी स्थापना का 100वां वर्ष मना रहा है। 100वें स्थापना वर्ष की शुरुआत क्लब की ओर से गत 17 मार्च को ही हो चुकी है। अपने 100वें वर्ष को यादगार बनाते हुए सीएसएससी ऑल इंडिया इन्वाइटेशन सेंटेनरी एकाटिक मीट, 2016 का आयोजन 19 जुलाई से कर रहा है। विद्यासागर उद्यान स्थित भुवालका जनकल्याण ट्रस्ट स्विमिंग कोर्स में इसका आयोजन आगामी 24 जुलाई तक होगा। इस प्रतियोगिता का उद्घाटन राज्य विधानसभा के अध्यक्ष बिमान बनर्जी, क्रीड़ा विभाग के मंत्री अरूप विश्वास व उपभोक्ता मामले के मंत्री साधन पांडे करेंगे। इस प्रतियोगिता में करीब 350 प्रतियोगियों के भाग लेने की संभावना है। इस प्रतियोगिता के सुबह का सत्र साढ़े आठ बजे से व शाम का सत्र अपराह्न चार बजे से शुरू होगा। ज्ञात हो सीएसएससी ने 100वें स्थापना दिवस का मस्कट उदबिलाव को बनाया है। यहां ज्ञात हो कि सीएसएससी 1917 से ही तैराकी को बढ़ावा देता आया है। इस क्लब ने बीते वर्षों में राष्ट्रीय, अंतरराष्ट्रीय स्तर के तैराकों, वाटर पोलो खिलाड़ियों, गोताखोरों को तैयार करने में महती भूमिका निभायी है।

कॉलेज स्क्वायर स्विमिंग क्लब का शताब्दी समारोह का शुभारंभ



कोलकाता : कॉलेज स्क्वायर स्विमिंग क्लब ने इस वर्ष शताब्दी वर्ष में प्रवेश किया है। इस अवसर पर ऑल इंडिया एकाटिक मीट का आयोजन किया गया। समारोह का उद्घाटन बंगाल विधानसभा के स्पीकर बीमान बनर्जी ने किया। वहीं कार्यक्रम में विधायक स्मिता बक्सी, विधायक तापस राय, पार्षद सपना दास और प्रख्यात एथलिट गोरचंद्र शील भी मौजूद थे। उक्त प्रतियोगिता 24 तारीख तक चलेगी। प्रतियोगिता में देश के सैकड़ों क्लबों के खिलाड़ी इस हिस्सा ले रहे हैं। इस अवसर पर अशोक पारिक, गौतम मल्लिक, भास्कर घोष, एनआर झंवर, अमरेश सेन, देवब्रत मल्लिक व अन्य उपस्थित थे।

BENGAL WARRIORS STUN JAIPUR PINK PANTHERS IN PRO-KABADDI



■ Laggards Bengal Warriors revived their sinking hopes with a stunning 32-25 win over table toppers Jaipur Pink Panthers to begin their home leg in style in a Pro-Kabaddi match in Kolkata on Saturday. PRATEEK CHOUDHURY/HT

Centenary aquatic meet

KOLKATA: As part of its centenary celebrations, College Square Swimming Club will hold an invitation aquatic meet on its premises from July 19-24, it was announced at a media conference on Saturday. Around 350 swimmers and water polo players are expected to take part. Teams from the armed forces and railways will be among the 10 taking part in the water polo competition. There will be swimmers from the railways, the Army and from districts of Bengal, it was announced. **HTC**

Billiards meet

KOLKATA: Ankit Kariwala beat Vikrant Gupta 3-1 in the Calcutta Swimming Club's state ranking billiards championships. Other results: Akram Khan bt Ramesh Jaiswal.

Double for Uthsava

KOLKATA: Uthsava Palit won the girls' under-17 and under-19 titles in the 79th West Bengal Sub-junior and junior state badminton championships that ended in Asansol on Saturday.

Results (singles finals only) U-13 girls': Sutanwi Sarkar bt Rashika Das 11-21, 21-16, 21-18. U-13 boys': Partha Sarathi Mishra bt Saikat Banerjee 21-15, 21-18. U-15 girls': Mandrita Khatua bt Dimitra Shenoy 21-20, 16-21, 21-15. U-15 boys': Suraj Chakraborty bt Md Azhaan 21-9, 21-11. U-17 girls': Uthsava Palit bt Manidipa Dey 21-18, 23-21. U-17 boys': Sourya Dasgupta bt Suraj Chakraborty 21-15, 16-21, 20-9 (conceded).



College Square Association is celebrating 100 years of its inception. MP Sudip Banerjee felicitated the winners of swimming contest held recently at College Square. -Satyajit Chakraborty, Hello Kolkata

সময় বাঁধার খেলায় একটা সময় কিন্তু বাঙালিরাও পিছিয়ে ছিল না। যে ক্লক টাওয়ারটি অন্যদের মতো নিজেকে জাহির করতে বিশেষ ব্যস্ত নয়, নিতান্তই সাদা-মাঠা, বেঁটে-খাটো, সে কলেজ স্কোয়ারের উত্তর-পূর্ব কোণে ছোট্ট মিনারের ওপর, সেই ১৯২৪ থেকে দিন



সকাল সাতটা। কলেজ স্কোয়ার

মাপছে।

ক্লাব সম্পাদক প্রমথনাথ ঘোষ পার্কে আগত শারীরিক কসরতকারীদের সময় সম্পর্কে সচেতন করার উদ্দেশ্যেই উদ্যোগটি নিয়েছিলেন, সে কথা জানালেন বর্তমান সম্পাদক তারাশ্রী বাবু। এই ঘড়িটি কিন্তু বিদেশি কোম্পানির তৈরি নয়, জে এম দাশ ছিলেন এই ঘড়িটির নির্মাতা।

৭৬ বছরেও জলে

অসুস্থ হয়ে পড়লে ঘর থেকে বের হতে পারেন না। ঘর থেকে বের হতে পারেন না। ঘর থেকে বের হতে পারেন না।



Swimming champ in rescue act

Pulls Out Student From Hooghly

Rupak Banerjee

Howrah: A champion swimmer Surojit Ghosh, who says he has rescued 22 people from the jaws of death, saved another youth on Thursday. The survivor, a student of mathematics, apparently lost his balance because he was under pressure from his home for scoring 98% and not 100%.

The teenager **Pijush Moira**,



a resident of Laksmikantapur, had come to College Street to buy books.

The youth could not say how he reached Howrah station from College Street. But after he reached Howrah station he decided to cross the Hooghly and while



doing so, he slipped into the river from the vessel.

Police, however, found no corroboration from the vessel operators. Any such 'slip' would have been reported either by the ferry service people or by daily commuters. During the interrogation, he claimed that he was very good in mathematics and never scored below 100.

The survivor claimed that after the results were published he fell victim to taunts and criticism. The champion swimmer Surojit Ghosh (47), who won 105 national level medals and participated in international swimming championship twice, said that he felt joyous while sa-

Koushik Koley



The life-saver Surojit Ghosh

The survivor claimed that after the results were published he fell victim to taunts and criticism

ving the Moira's life.

Ghosh, an office superintendent with Koilaghat office of Eastern Railway, was on his way to his office.

"I have the habit of watching the river closely every time I cross it. It was around 9 am when I found someone struggling to float. When I urged the Surface transport corporation workers to rescue him, they told me that it was their responsibility. I was surprised by the attitude of government employees. So, I took off my shirt and shoes and swam to save the drowning youth. Later, I pulled him back to the bank."

He furthered added that he had to apply the life-saving methods to revive the boy and asked others to call the police. Later police came to the spot and rushed him to the hospital.

"In a semi-consciousness state, the boy shouted why 98 and not 100. After sometime, he gained consciousness. I fed him as he looked frail. After gaining some strength, he embraced me and told me that I gave him a rebirth so I was his father," said the boy.

Ghosh said, "This is the biggest award I have ever received."

Results of Sit & Draw Competition for Children Members Held on 15th January 2017

Place	Groups	Form No
Group - I		
1st	Anubhav Saha	22
2nd	Aditri Bhattacharya	93
3rd	Ritobrata Dhar	102
Group - II		
1st	Sanskar Chandra	45
2nd	Subhodip Das	89
3rd	Abhilasha Roy	20
Group - III		
1st	Debanka Das	83
2nd	Aditya Kar	48
3rd	Krish Singhal	87
Group - IV		
1st	Sohini Dutta	53
2nd	Avipsa Majumder	98
3rd	Apala Mitra	54
BEST PLACARDS FOR CENTENARY WALK ON 20-03-2016		
	Sohini Dutta	
	Subham Das	
	Richik Debnath	

**Technical Officials for All India Invitation Centenary Aquatic
Meet 2016
(Deputed by SFI & BASA)**

SI No	Name of Officials	SI No	Name of Officials
1	Santi Ranjan Dey	35	Biswanath Adhikary
2	Manas Biswas	36	Biswajit Adgiri
3	Mayur Vyas	37	Anuva Chowdhury
4	Ashok Sharma	38	Babun Nath
5	Swapan Adak	39	Maloy Banerjee
6	Pranoy Banerjee	40	Sukhen Karmakar
7	Shyam Sundar Das	41	Mahadeb Kundu
8	Ashok Kumar Dutta	42	Asis Bandyopadhyay
9	Asis Kumar Banerjee	43	Pradip Roy
10	Sanjit Bhattacharjee	44	Arijit Chowdhury
11	Debasish Patra	45	Tarakeswar Yadav
12	Ashok Sarkar	46	Ila Paul
13	Bulbul Saha	47	Samiran Dutta
14	Subhasish Dutta	48	Pradip Saha
15	Maloy Saha	49	Parimal Chandra
16	Subir Sinha	50	Swapan Das
17	Khemankar Dey	51	Debojyoti Mitra
18	Ayon Paul	52	Sudhirendra Kumar Ghosh
19	Netai Bhattacharjee	53	Benay Krishana Das
20	Ayon Banerjee	54	Barun Ghosh
21	Ashis Sarkar	55	Tarak Nath Shaw
22	Prabir Roy	56	Tarakanath Hait
23	Sanjit Dey	57	Tarak Nath Show
24	Sekhar Sarkar	58	Ramen Roy
25	Jnan Ranjan Pramanik	59	Susanta Saha
26	Sitala Pathak	60	Vivek Shaw
27	Goutam Naskar	61	Partha Sinha
28	Rajdeep Mondal	62	Madhab Das
29	Tapas Ash	63	Biplab Ghosh
30	Tapan Paul	64	Ashim Roy
31	Ganesh Banerjee	65	Lakshi Narayan Nandi
32	Nemai Bhowmik	66	Bhaoshav
33	Biswanath Adhikary	67	Kunja
34	Lina Mondal	68	Ajay Saha

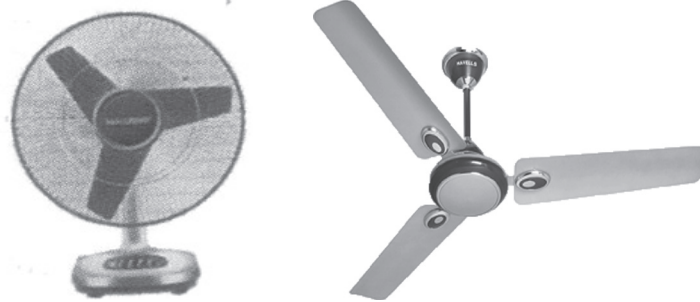
Managers of the Meet:

Amares Sen & Debohrata Mullick:

**TEAM LIST OF WATERPOLO PLAYERS FOR
ALL INDIA INVITATION CENTENARY AQUATIC MEET 2016**

INDIAN NAVY	INDIAN ARMY	INDIAN AIR FORCE
Name	Name	Name
TAPAS MONDAL	C.ANANDAVEL	S ANEESH
SYAM KUMAR	MANIMARANDI	G MANEESH
SHAON DAS	VIPIN V G	RJ SREEJITH
PRITAM DEY	ANEESH KUMAR S R	A SAKHARE
L JAMES MEITEI	S. K.DAS	LAL KRISHNA
CHOTTAN GHOSH	MADANLAL M L	A ANOOP
VINAYAK S	BITTU BARMAN	D KARMORE
ANANTHU GS	L. HALDAR	ALSIRAJ
SUMIT PRASAD	PRASAD G R	KALPESH M
SREEKUTTAN	S. MITRA	PRAVEE GK
SUMIT SHAW	KUNAL BHANJA	MANOJ VISHWAS
S D KUMAR	MANGESH PATAIL	A PAL
TOTON MONDAL	MANJITH HASAN	SARITH SR
SOUTH EASTERN RAILWAY	CSSC PRESIDENT'S XIII	COLLEGE SQUARE SWIMMING CLUB
NAME	Name	Name
AVIJIT DEY	SAYANTAN PAN	ASIF ALI MIDDHYA
TANVEER ALAM	DEBASHIS DAS	ARABINDU SARDAR
SOMNATH ROY	CHANCHAL DAS	SOURABH SARDAR
BISWAJIT DEY	RAJESH SHARMA	SUBHANKAR SARDAR
BIDYUT MRIDHA	RAJDEEP CHANDRA	SUBHAJIT NASKAR
MOHON SHAW	ANKIT SHUKLA	SUBHANKAR MONDAL
PROTHIS DAS	KARTISK CH. DAS	RAJESH HALDER
DEBRAJ DEY	DIPANKAR SARDAR	SAGAR MONDAL
AMITABH PATODIA	RAJESH PRAMANICK	DIPANKAR D CHOWDHURY
SUBHODEEP ROY	ADITYA DAS	SANJIB NASKAR
SAYAN LAHA	SUBHANKAR MISTRY	SUBHADIP ROY
JAYANTA MODAK	SUROJIT SAMANTA	SUDIPTA SINGH
SARADINDU GHOSH	BIJAY PANJA	MOHAN ROY

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Tel : 22156895

Best Wishes from :

*Dr. Saikat Saha
Dr. Dibyendu Ghosh*

Water polo Tournament 2016



Promotho Nath Nani Gopal Challenge Cup & Shyam Chand Dutta Memorial Shield with their Runners Up Trophies



Final Match in progress at our Water Polo Ground

Ashok Pareek, President & N R Jhwar, Chairman, Centenary Sports & Games Committee being introduced to the Players of the final match



The Central Swimming Club - Champion in Promotho Nath-Nani Gopal (Open) Water Polo Tournament 2016

College Square Swimming Club - Runners-up in Promotho Nath-Nani Gopal (Open) Water Polo Tournament 2016



Other Activities



Shri Arup Biswas, MIC - Sports & Youth Services & Shri Laxmi Ratan Shukla, MoS - Sports & Youth Services, Govt of WB being greeted with flowers at the Felicitation of BOA



Sri Sri Kali Puja of our Club

Our Swimmers & Water Polo Players at Annual Garden Party at 'Mukhorochak' Baruipur



Musical Chairs at Annual Garden Party



View of Lawn at Mukhorochak Garden, Baruipur, Venue of our Annual Garden Party for Centenary Year



Winners of Best Placards Contest taking prizes from Shri Biswarup Dey, One of our Vice-Presidents

Cultural Programme



Justice Shyamal Kr Sen, Patron-in-Chief & Chief Guest, addressing at Centenary Cultural Programme



Shri Kalyan Sen Barat being felicitated by Shri Bhaskar Ghosh before his Drama 'Gupi Baghar Kando' started



The Winners of Sit & Draw Competition



Master Adrij from Zee Sa Re Ga Ma performing in a duet at Centenary Cultural Programme



Miss Adrija from Zee Sa Re Ga Ma performing at Centenary Cultural Programme



Cross section of the spectators watching the Centenary Cultural Programme at Centenary Hall, University of Calcutta

Centenary Closing Ceremony



100 Years Cake



Decorated Club Pavilion



Members at the closing walk



Installation of Centenary Plaque on 17.3.17



Justice Shyamal Kr Sen cutting the 100 years Cake marking closing of the Centenary Celebration



Shri Santi Ranjan Dey, General Secretary, BASA with Others at the Closing Ceremony



The Closing Ceremony Walk

NUTRITIONAL FACTS FOR COMPETITIVE SWIMMERS

A healthy diet is one that provides us with enough energy we need from the correct types of foods in the right amounts. A swimmer's diet is based on a healthy diet with a few differences. As a swimmer one's diet is not just to keep himself healthy but also to meet the extra needs your body has due to the extra training done. The best nutrition program is one which covers sports improvement and long-term life enhancement. Swimmers put in hours in the pool, work hard and stick to training plan, but if it all goes wrong in the kitchen, don't let a poor diet ruin your hard work and training. Instead, maximize performance by feeding a swimmer's body with all the nutrients and energy-giving food it needs.

Every swimmer's needs, taste and training plans are different, so determine the food and diet approach that work for a swimmer. Swimming competitively demands high-energy exertion, so eating smaller, nutritionally rich meals is important – this should satisfy swimmers appetite, keep swimmers blood sugar balanced and energy levels high and free from dips. Swimmers must stick to the nutrition recommendation as any deviation will set back and jeopardize the effectiveness of the programme.

The key is to understand what balance of healthy carbohydrates, fats, and proteins works best to fuel swimmers training and energy throughout the day so swimmers can feel and perform their best. While carbohydrates provide immediate energy, fat can provide sustained energy during longer practices and training sessions, since it takes longer to break down. Some examples of healthy fats are nuts and seeds, coconut, olive oil and butter. The main carbohydrate molecule in milk is lactose (milk sugar), and all sugars are digested in the body as carbohydrates. There is also a protein component, which makes chocolate milk an ideal post-training snack because of its ratio of carbohydrate to protein, which is about 3-4:1

Protein

Meat, fish, eggs, dairy and protein shakes are all good sources. There are many commonly cited "good" protein sources, like nuts or beans that are actually terrible sources of protein. Only about 15-20% of the calories in these foods come from protein. Protein fuels growth, maintenance and repair for the body. Fish, chicken, nuts, eggs, milk and cheese provide high quality sources. Swimmers need 0.55 to 0.8g per 450 gm, of body weight; A 68-kilogram swimmer needs 82 to 120g of protein a day. Swimmers can include milk with meals to boost intake. Sandwiches with meats can raise protein intake.

How much does a swimmer need? It depends on a swimmer's weight, bodyfat % and goals – as low as 0.5 gm for 453 gm of lean body mass (per day) and as high as 1.5-2 grams per 4gm of lean body mass. Lean body mass is your total bodyweight minus your fat. For example, if you weigh 90kg and are 20% bodyfat, your lean body mass is 72kg.

Fat

Fat is an essential nutrient that our bodies require to live; it assists in vitamin absorption, hormone regulation, brain function, and more. Meat, fish, nuts, nut butters, Mustard oils and countless other sources.

How much need for a swimmer? It also depends on body weight, bodyfat percentage and goal – probably somewhere between 15% and 45% of your total calories. However, it can vary based on your total calories consumed and whether you are in a caloric surplus or deficit. Somewhere between 0.35-0.7g per 453.592Gm of lean body mass is a good range.

Carbohydrate

Carbs are stored in the liver, brain, blood and muscles as glycogen. Our bodies use carbohydrates for energy. Eating carbohydrate and protein-rich foods such as eggs, whole-meal bread, beans and chicken around 3-4 hours before a swim, is recommended.

How much does a swimmer need? It depends. Technically, you can live on zero carbs. But, endurance swimmers have consumed 700+ grams per day. So, the range is pretty wide. A sample lunch could include two Chapaties or a sandwich, 1 cup of milk, 2 apples and two cookies. This meal provides 81g of carbohydrates, 1 cup of tomato, two slices of bread and 1/2 cup of ice cream provides 156g. A swimmer need as much as 55 to 60 percent of total calories to come from carbohydrates to build up adequate glycogen stores. Fresh fruits are full of simple carbohydrates in the form of fruit sugar; these types of carbs digest rather quickly in one step in your small intestine. With fiber to help keep you satisfied for a while after you eat. Starchy Vegetables Enzymatic juices convert simple carbohydrates into glucose, and it absorbs directly through cell walls.

Each macronutrient yields a certain number of calories.

- One gram of carbohydrate yields 4 calories.
- One gram of fat yields 9 calories.
- One gram of protein yields 4 calories.

Calories Needed Each Day for Boy Swimmers

- Not Active some what Active Very Active (Swimmers)
- Below 9 years 1,200–1,400 calories 1,400–1,600 calories 1,800 - 2,200calories
- 9–13 years 1,600–2,000 calories 1,800–2,200 calories 2,500–2,700 calories
- 14–18 years 2,000–2,400 calories 2,400–2,800 calories 3000–3,200 calories
- 19–30 years 2,400–2,600 calories 2,600–2,800 calories 3,600 calories

Calories Needed Each Day for Girls

- 2–3 years 1,000 calories 1,000–1,200 calories 1,200–1,500 calories
- 4–8 years 1,200–1,400 calories 1,400–1,600 calories 1,600 calories
- 9–13 years 1,400–1,600 calories 1,600–2,000 calories 1800–2200 calories
- 14–18 years 1,800 calories 2,000 calories 2800 calories
- 19–30 years 1,800–2,000 calories 2,000–2,200 calories 3000 calories

Before and after training

Pre- and post-training session snacks and meals are important to help keep blood sugar levels balanced, particularly immediately after a swim. Aim to refuel your body within 20-30 minutes of training with a mix of muscle-repairing protein (Potassium rich food like Spinach, sweet patato, pomegranate, coconutwater, Banana, Beans) and glycogen-restoring carbohydrates (Potatoes are high in starch and add to a swimmers glycogen)

What should swimmers eat before swim practice?

The commonly held belief that a swimmer should not eat before swimming, eating the proper foods at the right time can actually benefit workout. Not eating enough before a workout may lead to lethargy, fatigue, weakness, nausea and dizziness. Eat snacks approximately forty-five minutes to one hour before workout. However, how close swimmer eats to a workout varies among individuals as some people may be able to eat a small snack, such as a piece of fruit, 10 minutes before a workout with no ill effects.

Pre-workout nutrition before swimming should consist of foods that are low in fat. Foods that is high in fat delay gastric emptying as they take longer to digest. This can lead to stomach upsets including constipation, diarrhea, bloating and flatulence, which can slow down swimming performances, lead to sluggishness, cramping or the inability to complete a workout. Avoid eating a heavy meal a few hours before a workout. Eat a light lunch, such as a fish sandwich on whole-wheat with a salad and an apple, and snacking on a home-made roti an hour before workout. Small amounts of fat, such as a tablespoon of peanut butter spread on an apple, is less likely to irritate the stomach and thus can be consumed as a pre-workout snack.

Try these suggestions:

1. Two pieces of toast with juice.
2. Small bowl of cereal(wheat, maize, or rye) with low-fat milk.
3. Banana and one tablespoon peanut butter.
4. Apple and two crackers.
5. Energy bar
6. Raisins and pretzels. (Kishmis& roti with dry fruits)

Great snacking foods are:

Fruits (fresh is best but dried are still okay)

Energy foods cereal (a breakfast food made from roasted grain, typically eaten with milk).

A bowl of cereal

Energy drinks, (protein shakes)

Yogurt (low fat if possibl)

Pop corn

Opting for whole-grain foods in place of white or processed varieties ensures that you get adequate fiber to help with digestion. This is important because normal digestion is essential for carbohydrate conversion and getting glucose into your blood to store as glycogen.

What should swimmers eat after a swim?

Snacks: Recovery drinks help replenish a mix of carbohydrates, meanwhile protein bars and fruit are handy snacks to have to hand before a substantial meal.

Main Meals: Incorporating protein into your meal will help muscle repair and replenishment – thin fish, lean chicken, eggs and low-fat cheese.

Post workout meal

After exercise you will need protein to help your poor muscles recover. Make protein shake and add a banana. Then for your meal choose ONE of the following

- Chicken with wholegrain roti
- Katla fish with wholegrain bread/pasta
- Small Baked potato with chilli/beans/katla
- Egg/beans on wholegrain toast
- Sweetcorn/peas/broccoli/peppers
- Swimmers are typically lean creatures and capable of handling carbohydrates. Moreover, the body's ability to handle carbohydrates dramatically increases after workout.
- A few hours after workout I recommend eating a well-balanced diet of 30g protein, 40g carbs, 20-30g fat. This provides a balanced diet.
- Sweetcorn/peas/broccoli/peppers

What is good to eat before a swim meet?

Eating breakfast is important, preferably four hours before you swim in a race. Slow-cooked oatmeal cereals with low fat yogurt or eggs with whole grain (Barli, Brown rice, Oatmeal, Whole-wheat bread, boil corn) toast provide

some protein along with complex carbohydrates to help fuel your energy needs.

Examples of wholegrain cereals are:

- Wholemeal or multi-grain bread, litthi, roti and kulcha (Ata).
- Wholegrain or whole-wheat breakfast cereals (dal).
- Wholemeal or mixed grain crisp bread.
- Brown rice, rice cakes.
- Wholemeal pasta.
- Corn, oats, unpearled barley, Millet (Vutta, Chana, bajra), Cracked wheat (Daliya)

During Competitions:

Breakfast: 4/5-egg white, a cup of yogurt or milk, 100 gm of grapes/apple/2 banana, 100ml of water, 2 tablespoons peanut butter, two roti/2 slice brown bread.

Lunch: 50 gm Rice, 100gm Fish, 10 gm mustard oil, 70gm green vegetable, 1 small bowl dal.

Dinner: chicken breasts soup, 2 cup of rice (or two chapati), 1 banana/ice cream, water. Snacking: 4 ps without cream biscuit, low fat milk shake, or 2 Chapati/2 bread toast, with juice or dal soup or coconut water

How to Stay Hydrated During Swimming Workout –

Drinking fluids during practice is very important, yet many swimmers save drinking for after practice. When you prepare in the heat of summer, proper hydration is incredibly valuable to your training. Swimmers can drink and stay hydrated with plain water. Dehydration can reduce the body's capacity to do work by about 30%. This effect is further exacerbated in swimmers when as little as 2.5% body weight loss due to dehydration turns into a 45% decrease in exercise performance.

Two hours before exercise, swimmers should consume half a litre of water or a sports drink to help hydrate them ahead of time.

- Swimmers should always bring a drinks bottle with them to training sessions.
- Long-term, moderate to intense activity of 30 minutes or more requires periodic rehydration, such as the quarter of a litre (one cup) every 20 minutes.

If feeling thirsty, swimmers are already somewhat dehydrated. Any of the following warning signs of dehydration, for safety it is recommended not to engage in long distance swimming in open water or by oneself.

The warning signs of dehydration include:

- Thirst
- Muscle cramping
- Headaches
- Dry mouth
- Weakness
- Unclear thinking
- Fatigue
- Dark yellow urine
- Significant weight loss during exercise
- Decrease of sweat during exercise

Simple guidelines to remember

- Two hours before activity, consume 0.450 (One & 1/2 glass approx) liter of water.
- 10 to 20 minutes before a competition or practice, drink an additional 0.150 (One & 1/2 glass) liter.
- Every 15 to 20 minutes during heavy activity, drink a full 0.150 liter.

Avoid fatty foods which put extra demands on your digestive system and cut all nutritionally empty food from your diet.##

Simple diet for Swimmers:

The amount of food that counts as one serving is listed below.

MILK YOGHURT AND CHEESE - 2 cup of milk or yughart or 90Gms paneer

MEAT, POULTRY, FISH, DRY BEANS, EGGS AND NUTS - 75 – 100Gms cooked lean meat, poultry or fish. One cup of cooked Dry beans, 4Eggs, 2 table spoons of Peanut butter

Mutton Paya Soup with carrot, raw leafy vegetables, onion, garlic, green chillies,

VEGETABLES - 2 cup of raw leafy vegetables or 1 cup of other vegetables (cooked or chopped raw) 1 cup of vegetables juice

FRUITS - 1 big Apple, 4Banana, 3/4 cup of fruit juice. Choose fresh fruits Instead of canned or frozen ones. Eat whole fruit often. They are higher in fiber content than fruit juices

BREAD, RICE, CEREAL (roti made with a grain for example wheat, maize, or rye.), Rice, 5 Slice of brown bread or 70 gm of ready to eat Wholecereal (Roti), 2cup of cooked rice

Note: Choose your diet according to your body weight, choice, habit and lean body mass with calorie balance.

Siddhartha Chatterjee

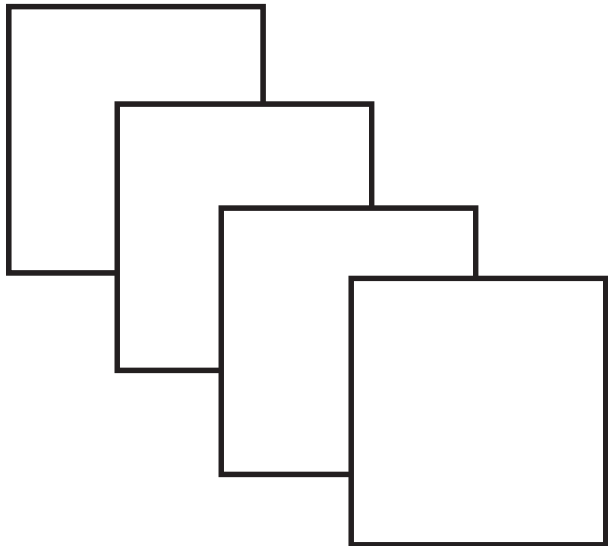
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35th PROMOTHONATH - NANIGOPAL (OPEN) WATER POLO TOURNAMENT 2016 - ALL BENGAL

Gr. A		Gr. B			
Central Swimming Club (CSC)		Calcutta Sports Association(CSA)			
SWI-GYM Institute (SGI)		Paddapukur Young Men Asso. (PYMA)			
		Rishra Swimming Club(RSC)			
Gr. C		Gr. D			
Khidderpore Swimming Club (KSC)		Bowbazar Bayam Samity(BBS)			
College Square Swimming Club(CSSC)		Young Men Chistian Association(YMCA)			
Taldi Swimming Club(TSCI.)		Salkia Swimming Association (SSA)			
LEAGUE - CUM - KNOCK - OUT BASIS					
DATE	GM.	MATCHES			RESULTS
01.08.16	1	C.S.A.	VS	R.S.C.	14-5
	2	K.S.C.	VS	T.S.Cl.	3-6
	3	B.B.S.	VS	S.S.A.	10-1
02.08.16	4	C.S.A.	VS	P.Y.M.A.	17-9
	5	K.S.C.		C.S.S.C.	7-11
	6	B.B.S.	VS	Y.M.C.A.	7-10
03.08.16	7	C.S.C.	VS	S.G.I.	20-3
	8	Y.M.C.A.	VS	S.S.A.	7-7
04.08.16	9	C.S.S.C.	VS	T.S.Cl.	11-7
	10	P.Y.M.A.	VS	R.S.C.	11-9
SEMI-FINAL					
05.08.16	11	C.S.C	VS	Y.M.C.A.	13-7
	12	C.S.A.	VS	C.S.S.C.	12-13
THIRD POSITION PLAY					
06.08.16	13	Y.M.C.A.	Vs	C.S.A.	9-12
FINAL					
06.08.16	14	C.S.C	Vs	C.S.S.C.	11-9

CHAMPION : THE CENTRAL SWIMMING CLUB
RUNNERS UP : COLLEGE SQUARE SWIMMING CLUB
THIRD : CALCUTTA SPORTS ASSOCIATION

With Best Wishes

CENTENARY OCCASION



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SHYAM CHAND DUTTA MEMORIAL CHALLENGE SHIELD (WATER POLO)

Clubs	Winner	Runners up
Y.M.C.A.	1956, 1977, 1988, 1989	1959, 1967, 1975, 1984, 1987
College Square Swimming Club	1957, 1996, 1997	1958, 1960, 1968, 1979, 1989, 1991, 1995, 1998, 1999, 2002
Central Swimming Club	1958, 1960, 1961, 1966, 1967, 1968, 1972, 1974, 1975, 1976, 1984, 1986, 1999, 2000, 2013, 2015	1956, 1957, 1969, 1971, 2012
Bowbazar Bayam Samity	1959, 1964, 1987, 1991, 1995, 2014	1963, 1988, 1996, 2013
State Transport	1962	1961, 1964
Self Culture Institute	1963	1962, 1977
National S.A.	1969	1966, 1972
Hatkholra Club	1970, 1971, 1973	
Calcutta Sports Association	1998, 2002, 2008, 2009, 2012	1973, 2001, 2003, 2004, 2006, 2007
I.I.S.S.	2001, 2003, 2004, 2005, 2006	2000, 2009
C.U. Ins.		1974, 1997
S.E. Rly S.A.		1976
F.C.I.		1986
Taldi S.C.		2005
Kidderpore S.C.	2007	2008, 2014, 2015
No Game : 1965, 1978, 1979, 1980, 1981, 1982, 1983, 1985, 1990, 1992, 1993, 1994, 2011		

PROMOTHONATH MEMORIAL CHALLENGE CUP (WATER POLO)

Clubs	Winner	Runners up
College Square Swimming Club	1959, 1961, 1962, 1968	1958, 1960, 1971, 2004, 2016
Central Swimming Club	1956, 1958, 1971, 2004, 2005, 2006, 2014, 2015, 2016	1957, 1961, 1962, 1972, 1974, 1991
National S. Associations	1957, 1960	1956, 1967, 1969, 1970
South Eastern Railway	1964, 1967, 1984, 1985, 1987	1973, 1975, 1976, 1986, 1988
Eastern Railway	1972, 1973, 1974, 1975, 1976, 1986	1964, 1968, 1977, 1984, 1985, 1987
State Transport A.C.	Nil	1959
Calcutta Sports Association	1997, 2003	2005, 2015
I.L.S.S.	Nil	2003, 2006, 2007
Paddapukur Young Men's Association	2007	Nil
Kidderpore S.C.	2008	Nil
Swi-Gym Institute	Nil	2008
Bowbazar Bayam Samity	Nil	2014
No Game : 1965, 1966, 1978, 1979, 1980, 1981, 1982, 1983, 1989, 1990, 1992, 1993, 1994, 1995, 1996 1998, 1999, 2000, 2001, 2002, 2009, 2010, 2011, 2012, 2013		

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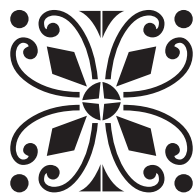
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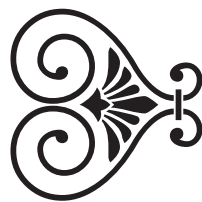
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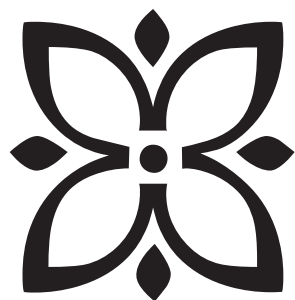




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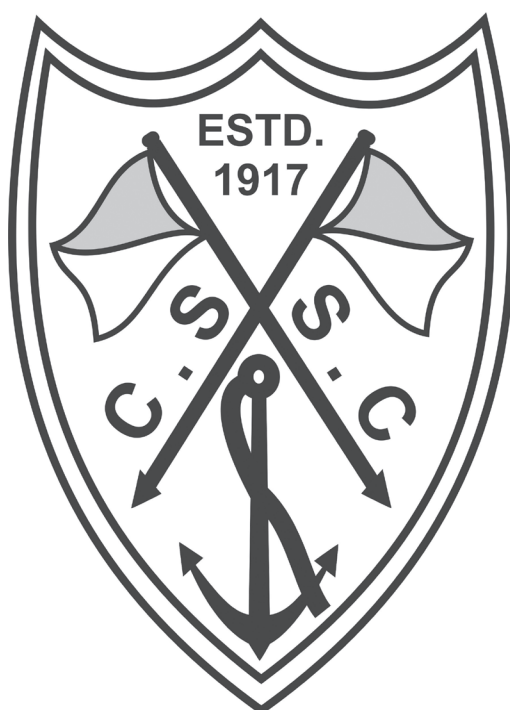
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From 19th to 24th July 2016 (Day & Night) at our
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